

MASS INTENTIONS FOR THE CATHEDRAL THIS WEEK

Mon. 11am Relics of Mother Teresa	8pm Gerard Raftery
Tues. 11am Relics of Mother Teresa	8pm Catherine & William Carroll
Wed. 11am Personal Intention	8pm Vincent Morgan
Thurs. 11am People of the Parish	8pm Kathleen & Thomas Kennedy
Fri. 11am Personal Intention	8pm Personal Intention
Sat. 11am John Gale	8pm Louise & John Phelan
Sun. 10am Paddy & Maureen Conway	12 noon Fr Michael O'Callaghan

<p><u>Ministers of the Word</u> Sat. 8th July 8pm Declan Joyce Sun. 9th July 12noon Ann Flynn</p>	<p><u>Ministers of the Eucharist:</u> Sat. 8th July 8pm A. McTigue, D. Quinn, D. Fahy Sun. 9th July 10am M. O'Brien Sun. 9th July 12 noon P. O'Sullivan, M. Chambers, M. Murphy</p>
<p><u>Mass Servers</u> Team A Sat. 8th July 8pm Team C Sun. 9th July 10am Team B Sun. 9th July 12noon</p>	
<p><i>Cathedral Collections: Offertory: €1,255</i> The Second Basket Collection next weekend is in aid of ACCORD Catholic Marriage Care Service.</p>	

R.I.P Please pray for the repose of the soul of Caroline Evelyn (Evvy) Jordan, Pinewood Crescent, Loughrea, who died recently.

MASS INTENTIONS FOR THE CARMELITE ABBEY THIS WEEK

Please note 8am Mass Intentions are now in Mount Carmel

Mon. 8am Maria Sweeney (A)	10am Michael Feeney & Thomas Sharpe (Jnr)
Tues. 8am Private Intention	10am Kerry & Eileen O'Sullivan RIP
Wed. 8am Frank Farrell (A)	10am Vera Broderick (rec. decd.)
Thurs. 8am Pat Meagher (rec. decd.)	10am Private Intention
Fri. 8am Frank Corcoran (A)	10am Michael Gallagher (A)
Sat. 8am Mary Joe & James Farrell RIP	10am Angela Kelly
Sun. 9am Laddie Hession (A)	11am Breege Naughton Kilchreest (A)
	6pm Michael, Maureen & James Haverty

<p>Society of St. Vincent de Paul 086 - 0551134</p>	<p>Bethany Bereavement Group 087-2109396</p>
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LOUGHREA CATHEDRAL & CARMELITE ABBEY
The Presbytery 091 – 841212 The Abbey 091 – 841209
Website – loughreacathedral.ie clonfertdiocese.ie
Newsletter online: loughreacathedral.ie clonfertdiocese.ie
Thirteenth Sunday in Ordinary Time, 2nd July 2017

Seeing Your Life Through The Lens Of The Gospels Matthew 10:37-42

1. Jesus never wanted suffering for anyone but he knew that if anyone was going to follow in his footsteps promoting love and respect for every person, they would meet with opposition. Fidelity has its price, but also rewards. Would you agree?
 2. The passage is a call to both radical and practical discipleship. When have you found that in order to achieve a certain objective you had to make it a priority, and then take the practical steps necessary to reach your goal? What were the benefits to you when you did this?
 3. 'Hate' is prophetic exaggeration for the uncompromising loyalty Jesus seeks in disciples. There may be times when people make demands in conflict with fidelity to another relationship. This can be painful. When have you found that being clear about your priorities helped you in that situation?
- John Byrne OSA (Intercom Magazine)

MUSINGS:

Anyone who welcomes you welcomes me

Welcome is at the heart of today's readings but in 2017 what is a host's obligation to his or her guests? What should the good host do? Greet guests at the door. We don't have to offer bread and salt to symbolise protection, but a warm handshake, a friendly hug are symbols of welcoming that set the stage. Facilitate conversation. Introduce guests who don't know each other and offer conversation starters: 'Mary didn't you just go to Tuscany? I think John and Joan are planning a trip next spring.' Watch over guests and make sure they are enjoying themselves, but if they enjoy themselves too much, be prepared to step in and take them home. Safety trumps everything else. Remain calm. Even in the face of a disaster – the grill ran out of gas before the steak was even turned – the good host is poised and adapts to the circumstances. Calmness – and sense of humour – radiates and affects everyone else. Be flexible and gracious. The worst guest faux pas is to arrive with uninvited guests, but the gracious host rolls with the punch and sets an extra place. Be appreciative. Makes sure to say good night to each guest and thank them for coming. Doing so sets the stage for the next get-together. A thought for the Sunday celebrant? Peter Post (Intercom Magazine)

World Meeting of Families Ireland. For more info., www.worldmeeting2018.ie

THE DEEP END: A cup of water

Life is busy. Whether we are in school, college, working, or juggling family life with all sorts of other commitments, there is sometimes little time to pause and take stock of things. It can be hard to find time to reflect on how our faith is faring. When we do get a minute to assess things, do we find ourselves wanting? Many of us have the idea that we would like to live better lives, to be more caring, to help those in need. We would like to live up to what Jesus asks of us, if only we had time to do more. This desire to do better is an important element of our Christian journey. But often we imagine that this will require some sort of grand gesture or dramatic change of direction.

If we are paralysed or overwhelmed by what we can't do, Jesus has some good news for us today. A cup of water isn't much, and offering hospitality to a stranger might not seem like a big deal, but that is where Jesus starts. Instructing his twelve disciples, he tells them that anyone who welcomes them or offers them a cup of cold water will be rewarded. What's more, he adds that anyone who welcomes them in fact welcomes Jesus, the one who sent them. Small acts of kindness and hospitality have significance beyond what we might expect. No matter how busy we are, there are opportunities every day to offer a cup of water here, or a helping hand there. All these small things play their part in building up God's kingdom. Triona Doherty (Intercom Magazine)

St Teresa of Calcutta The Knights of St Columbanus are organising a visit of a relic of St Teresa of Calcutta to Ireland, visiting St. Brendan's Cathedral on Monday, 3rd July with Mass @11am and Veneration of the Relics until 1pm. Veneration will resume at 6pm with Mass at 8pm. Veneration on Tuesday, 4th July from 9am, departing after 11am Mass.

Cemetery Sunday

Prayers in Garrybreeda at 3pm & Mount Pleasant at 5pm, Sunday, 30th July 2017

Our Lady of Fatima A national celebration to commemorate the centenary of the apparitions will take place in Knock on Sunday, 9th July 2017.

Carmelite/Teresian Friars Pilgrimages to Lourdes, 30th Aug.-6th Sept. 2017. For more details, contact Ann @ 087-2919078.

Guided Prayer Sessions at Knock Shrine in the prayer guidance centre daily. Mon-Fri: 12 noon; 4.15pm, 8.15pm. Sat & Sun: 12 noon, 5pm, 8.15pm.

Watch Masses online from Knock Shrine The daily 3pm Mass in the Basilica is now being streamed live. The 12 noon Sunday Mass is also available to watch online at www.knockshrine.ie/watch and recordings of all Sundays Masses are also available on the Knock Shrine YouTube channel.

Sister Bosco Appreciation Evening in St Raphael's College, Fri. 7th July @ 8pm. Tickets €15 (include finger food and wine) and are available online at <https://srbosco.clr.event/126158:sr-bosco-appreciation-night> or from T. L. O'Brien's shop, Loughrea. All proceeds go to Galway Hospice.

The Carmelite Abbey Graveyard: Volunteers are requested to assist with the care of this graveyard. Cemetery Sunday, 13th August. Outdoor Mass @ 6pm. Your help & assistance would be appreciated. Caretaker: Gerry 0879022592.

Garrybreeda Cemetery Trust: Volunteers will continue with the care and maintenance of Garrybreeda each Monday from 6pm-8pm. All assistance very much appreciated. Cemetery Sunday, 30th July at 3pm. Donations welcome.

The Irish Cancer Society's Volunteer Driver Service needs volunteers in East Galway to assist patients in need of transport to appointments. Volunteers must have their own car and insurance. All volunteer expenses are paid. Commitment for a minimum of two drives a month. For more information, contact Rebecca on 01-2316642 or email rlonsdale@irishcancer.ie

Dyslexia and literacy difficulties: One-to-one tuition for children and adults with literacy difficulties. Classes will run throughout the summer break. Please contact Breda Mahony on 086 1604461 for further details.

A Pamper Night in aid of Cystic Fibrosis in the Loughrea Hotel, Thurs. 6th July @ 8pm. Complimentary glass of wine and finger food plus one free treatment per person on the night. Tickets available at the door. All are welcome.

Loughrea Family & Community Resource Centre: Volunteers needed to teach basic computer class to beginners. Classes start in September. Contact 871149 or call in for a cuppa at our new premises on Piggot Street.

Coffee Morning: Mary Muldoon would like to thank all who supported her recent coffee evening. Total amount raised for Galway Hospice was €1,000.

Water Safety Weeks: 17th - 21st July and 24th - 28th July inclusive at Long Pt., Loughrea Lake. Registration on Thurs.13th, 6-7pm in the Vocational School, L'rea.

A Date for your Diary: Inviting all children to a short talk on "The Birds of the Lake" by Catherine Seale, Community Water Officer, Galway, on Sat. 8th July at 2pm in Loughrea Library. Admission is free. Loughrea Tidy Towns are organising a competition in connection with the talk and entry forms will be available on the day.

Loughrea Comhaltas Trad session in the Abbey 1st and 3rd Sat. of the month, all musicians and abilities welcome. For details, call 087 1337326.

Gaeilge Locha Riach Irish language camp for primary school children in Kilcooley N.S., July 24th-28th. Further info., text 0876430207 or polmaglionain@pdst.ie

Hurling Club Lotto Winning numbers: 5, 7, 9, 10. 2 match 3 winners. Next week's jackpot €12,700.

Loughrea Community Preschool are delighted to announce that due to our new refurbished premises on Barrack St., beside the Temperance Hall, we are in a position to offer more places for September 2017. Contact 087-7660687

Loughrea Tennis Club: Parks Tennis Summer Camp for 6-16yrs of age, from 3rd-28th July, for one hour each day, Mon-Fri. €40 per child. For more details, contact Billy @ 086-8216207

Concertina Summer Classes on Tuesday evenings, in Cosmona, Loughrea. Beginners: 7-7.30pm, Intermediates: 7.30-8.15pm. €10 per class. One to one lessons also available. Contact Muireann @ 087-1484617 or 087-6679093

Temperance Hall Events

Loughrea Rugby Club Bingo every Friday night @ 8.30pm.

Over 60's 'Healthy Spine' Wed. 11.15am. Chartered Physiotherapist tuition, men and women. €10 pay as you go class. Phone: 086 3329493

Line Dancing Classes Wednesdays @ 8.30pm in the gym. All are welcome. Tel: Sean Casey @ 087-9761692 or 091-844003.