

**MASS INTENTIONS FOR THE CATHEDRAL THIS WEEK**

<b>Mon. 11am</b> Personal Intention	<b>8pm No Evening Mass</b>
<b>Tues. 11am</b> Thomas A. Moylan	<b>8pm</b> Tom Joe and Agnes Donohoe
<b>Wed. 11am</b> Decd. members of the Dylan family	<b>8pm</b> Annette Donnellan
<b>Thurs. 11am</b> People of the Parish	<b>8pm</b> Catherine Randles
<b>Fri. 11am</b> John & Ann Scully	<b>8pm</b> Personal Intention
<b>Sat. 11am</b> Personal Intention	<b>8pm</b> Adelaide & Sean Naughton
<b>Sun. 10am</b> Peggy, Kathleen & Paddy Griffin	<b>12 noon</b> John & Margaret Craven

**No 8pm Mass in the Cathedral on Monday 7<sup>th</sup> August 2017**

<p><b><u>Ministers of the Word</u></b>  <b>Sat. 12<sup>th</sup> August 8pm</b> Mary Nix  <b>Sun. 13<sup>th</sup> August 12noon</b> Ann Flynn</p>	<p><b><u>Ministers of the Eucharist:</u></b>  <b>Sat. 12<sup>th</sup> August 8pm</b>                  F. Martin, M. Murphy  <b>Sun. 13<sup>th</sup> August 10am</b> P. O'Sullivan  <b>Sun. 13<sup>th</sup> August 12noon</b>                  E. McKiernan, A. Gardiner</p>
<p><b><u>Mass Servers</u></b>  <b>Team E</b> Sat. 12<sup>th</sup> August 8pm  <b>Team F</b> Sun. 13<sup>th</sup> August 10am  <b>Team D</b> Sun. 13<sup>th</sup> August 12noon</p>	<p><b><i>Cathedral Collection: Offertory: €925</i></b>   <b><i>Restoration: €515</i></b></p>

**Baptism:** We welcome into God's family Luke McGrath, Lackafinna, Loughrea.

**St Padre Pio** Mass and Devotions 2<sup>nd</sup> Tuesday of the month 8-9pm

**MASS INTENTIONS FOR THE CARMELITE ABBEY THIS WEEK**

**Please note 8am Mass Intentions are now in Mount Carmel**

<b>Mon. 8am</b> Thomas Gaffey	<b>10am</b> Nora Lenahan
<b>Tues. 8am</b> Annette Donnellan	<b>10am</b> Susan & Hugh Feehan
<b>Wed. 8am</b> Frank Hynes	<b>10am</b> John Murphy & family decd.
<b>Thurs. 8am</b> Special Intention	<b>10am</b> Vera Broderick
<b>Fri. 8am</b> Mary Madden	<b>10am</b> Sadie & James Headd
<b>Sat. 8am</b> Jess, Jack & Kevin Burke	<b>10am</b> Joan McLoughlin
<b>Sun. 9am</b> William & Mary Ellen Burke	<b>11am</b> Mary Fergus Comer
	<b>6pm</b> Breda Loughnane

**Society of St. Vincent de Paul**  
086 - 0551134

**Bethany Bereavement Group**  
087-2109396

**World Meeting of Families Ireland. For more info., [www.worldmeeting2018.ie](http://www.worldmeeting2018.ie)**

**LOUGHREA CATHEDRAL & CARMELITE ABBEY**

**The Presbytery 091-841212      The Abbey 091-841209**

*Website – [loughreacathedral.ie](http://loughreacathedral.ie)    [clonfertdiocese.ie](http://clonfertdiocese.ie)*

*Newsletter online: [loughreacathedral.ie](http://loughreacathedral.ie)    [clonfertdiocese.ie](http://clonfertdiocese.ie)*

**Sunday, 6<sup>th</sup> August 2017**

**Transfiguration of the Lord**



**Seeing Your Life Through The Lens Of The Gospels    Matthew 17:1-9**

1. The transfiguration experience was one that, for Jesus, clarified his relationship with his Father and strengthened him for the future. It was also a moment of deep revelation for the disciples. What have been the experiences, the moments of insight, which for you have clarified your sense of who you are, and what is your relationship with God?
2. The disciples were prepared for the experience by getting an invitation from Jesus to come apart, to withdraw to the mountain. Have there been times when going apart has been an important element in preparing you for a deep experience?
3. On the mountain the disciples saw Jesus in a new way. His appearance changed. Sometimes in friendship there are moments of sharing in which we get to know a friend in a new and deeper way. Have you had that experience in human friendship, or in your relationship with Jesus and God. Recall when that happened, and what it was like for you.
4. After their special experience the disciples came down the mountain again. We cannot live each day at the level of special spiritual experiences, but the memory of them can strengthen us in difficult times. What memories encourage you in time of trouble?    John Byrne OSA (Intercom Magazine)

**MUSINGS: Being Transfigured**

From the event of the Transfiguration I would like to take two significant elements that can be summed up in two words: ascent and descent. We all need to go apart, to ascend the mountain in a space of silence, to find ourselves and better perceive the voice of the Lord. This we do in prayer. But we cannot stay there! Encounter with God in prayer inspires us anew to 'descend the mountain' and return to the plain where we meet many brothers and sisters weighed down by fatigue, sickness, injustice, ignorance, poverty both material and spiritual. To these brothers and sisters in difficulty, we are called to bear the fruit of that experience with God, by sharing the grace we have received.

Pope Francis

Like Jesus, we need places where we hear the words 'you are my son, daughter, and the beloved'. We know too that if we believe that, our lives will be challenged. Whenever we climb the mountain of the Lord, make any journey with him, we are changed. As every mountain is different, every moment with the Lord is well worthwhile! Someone said, 'Every time I pray I think of ... and I know I must be kinder!'    Donal Neary SJ (Intercom Magazine)

### THE DEEP END: The Mountain Top

In the Scriptures, the mountains are often places where people encounter God. Jesus takes the disciples up to the mountain top to pray, to a quiet place, away from all the attention and the crowds. They have the most wonderful experience as we read in the Gospel today.

Can you recall a place where you have felt deep peace or a sense of experiencing God? In nature or in the places you go for some 'time-out' for yourself? Perhaps it is in special moments with family and friends; times of joy or sorrow. These 'mountain-top' experiences nourish us, can bring us insights or help us to deal with difficult periods in our lives. They can bring feelings of euphoria, deep joy and blessing and often sustain us in life. No wonder the disciples wanted to build 'three dwellings' so that Moses, Elijah and Jesus would stay with them like this forever. However, we cannot remain in those experiences forever. Jesus' way involves both time for encounters with mystery but also coming down from the mountain and continuing on life's journey and mission.

Can we carve out these moments of quiet in our busy days to be with the Word, to create the space to listen and make room for these encounters with the Lord? This week, imagine yourself in this story as you read 'Jesus took me with him and went up on the mountain to pray ...'

'To pray the scriptures is to descend to the level of the heart and find God'

Michael Casey OCSO (Intercom Magazine)

**August Prayer Meeting** with the Carmelite nuns will be on Wed. 9th August, at 7.45pm in Mt. Carmel Chapel. All are welcome to pray with us.

**Mount Pleasant Graveyard Committee** wish to thank all who donated towards the upkeep of the cemetery and to everyone that helped out over the year. It was much appreciated by the committee. Also thanks to Mike Dervan and crew, David and Christy, for a great sound system on Cemetery Sunday.

**Latin Mass** in the Old Rite (Tridentine), will take place in the Parish Church, Knock, Sunday, August 13th at 5.30pm.

**National Traditional Pilgrimage to Knock** on Sat. 2<sup>nd</sup> Sept., commencing with a High Mass / Missa Cantata at 2pm, followed by Stations of the Cross and Traditional Benediction. All events in the old church.

**Knock Shrine National Novena** Join us for nine days of reflection and prayer for the National Novena to Our Lady of Knock from 14<sup>th</sup>-22<sup>nd</sup> Aug. Ceremonies will take place daily at 3pm and 8.30pm with daily guest speakers and workshops. On Mon. 21<sup>st</sup> Aug. we will celebrate the launch of the World Meeting of Families 2018 Programme. See full programme and schedule of speakers at [www.knockshrine.ie/novena2017](http://www.knockshrine.ie/novena2017)

**Guided Prayer Sessions at Knock Shrine** in the prayer guidance centre daily. Mon-Fri: 12 noon; 4.15pm, 8.15pm. Sat & Sun: 12noon, 5pm, 8.15pm.

**The Carmelite Abbey Graveyard:** Volunteers are requested to assist with the care of this graveyard. Cemetery Sunday, 13<sup>th</sup> August. Outdoor Mass @ 6pm. Your help & assistance would be appreciated. Caretaker: Gerry 0879022592.

**Lough Derg 2017:** The Three Day Pilgrimage may begin on any day up to and including Sunday 13<sup>th</sup> August. Advance booking is not necessary. The Lough Derg team can help with public transport. Contact Maureen or Lorraine on 071-9851518 or email [info@loughderg.org](mailto:info@loughderg.org). Website: [www.loughderg.org](http://www.loughderg.org)

**Carmelite/Teresian Friars Pilgrimages to Lourdes**, 30<sup>th</sup> Aug.-6<sup>th</sup> Sept. 2017. For more details, contact Ann @ 087-2919078.

**The Irish Cancer Society's** Volunteer Driver Service needs volunteers in East Galway to assist patients in need of transport to appointments. Volunteers must have their own car and insurance. All volunteer expenses are paid. Commitment for a minimum of two drives a month. For more information, contact Rebecca on 01-2316642 or email [rlonsdale@irishcancer.ie](mailto:rlonsdale@irishcancer.ie)

**RHS Home Care** is a Non Commercial Home Care Provider bringing professional home care services to those who need assistance to remain living in their own homes. We are now recruiting new Healthcare Assistants in your area. Potential applicants must have the required Fetac/QQI level 5 (two modules completed care skills and care of the older person). Please email your CV to [jobs@rhshomecare.ie](mailto:jobs@rhshomecare.ie) or call Aoife on [090 66 25988](tel:0906625988)

**Western Alzheimers Organisation** Carers required in the Loughrea area. If you are in receipt of social welfare for more than 12 months you may qualify for a CE scheme. Please call our Galway office for application form 091-565193  
**Brunch in aid of St Vincent de Paul Society, Loughrea**, in Rooftop Garden, Lough Rea Hotel & Spa, on Saturday, 19<sup>th</sup> August, 10.30am-1pm. Tickets €10, available from members of SVP, Lough Rea Hotel and Staunton's, Main Street. Raffle and Prizes Galore-sponsored by members.

**Youth 2000 Summer Festival**, Cistercian College, Roscrea, Co. Tipperary from Thurs. 17<sup>th</sup> to Sun. 20<sup>th</sup> August. For young people aged 16-35, to experience the Catholic faith and meet many new people. The festival is donation only. Free buses travelling from all around Ireland. For more information and to book online go to [www.youth2000.ie](http://www.youth2000.ie) or tel: 01-6753690

**Loughrea Comhaltas** Trad session in the Abbey 1st and 3rd Sat. of the month, all musicians and abilities welcome. For details, call 087 1337326.

**Girls Rugby** 9 to 15 years, Fairgreen, Sat. 6pm. Great fun, make new friends.

**Loughrea Rugby Club** Pre Season Rugby Training for U17's , U18's & Seniors. Tues. & Thurs. 7.30pm-9pm. Great coaching. Strength & Conditioning.

**Loughrea Tennis Club** are running adult coaching classes at the club for Beginners/ intermediate, 7-8pm, with Tennis Ireland Level 1 Coach. Cost: Members €5, Non Members €6. To register, call Billy @ [086-8216027](tel:0868216027)

**Intensive Irish and Maths Courses** for Junior and Senior Cycle students in Study Hub L'rea. Maths course 21<sup>st</sup> to 25<sup>th</sup> Aug. for honours maths students only. Irish courses 7th-11th & 14th-18th of Aug. Call Breda 0863792360

**Hurling Club Lotto** Winning numbers: 4, 25, 28, 32. No winner. Next week's jackpot is €13,200.

### Temperance Hall Events

**Loughrea Rugby Club** Bingo every Friday night @ 8pm. Jackpot €10,000 plus huge cash prizes. Comp tea, coffee. A great night out for all the family.

**Over 60's 'Healthy Spine'** Wed. 11.15am. Chartered Physiotherapist tuition, men and women. €10 pay as you go class. Phone: 086 3329493

**Line Dancing Classes** Wednesdays @ 8.30pm in the gym. All are welcome. Tel: Sean Casey @ 087-9761692 or 091-844003.