

MASS INTENTIONS FOR THE CATHEDRAL THIS WEEK

Mon. 11am Kitty & Mervyn Switzer	8pm Deceased mbrs of the Teahan family and Anne & Brendan O'Neill
Tues. 11am Jim & Sheila Loughnane	8pm Murphy family
Wed. 11am Julia Byrnes	8pm MaryIn McMahan
Thurs. 11am People of the Parish	8pm Tess Burke
Fri. 11am Jack Doherty	8pm Patrick McLoughlin and James & Mary McLoughlin
Sat. 11am Jim Sweeney	8pm Tommy Morley
Sun. 10am Laurence, Ciss, Tony Broderick and Tom Fahy	12noon O'Reilly family and decd mbrs.

<u>Ministers of the Word</u> Sat. 28 th July 8pm Declan Joyce Sun. 29 th July 12noon Anne Flynn	<u>Ministers of the Eucharist:</u> Sat. 28 th July 8pm G. Dervan, D. Darcy, M. Healy Sun. 29 th July 10am D. Fahy Sun. 29 th July 12noon M. Chambers, M. Murphy, J. Fitzgerald
<u>Mass Servers</u> Team D Sat. 28 th July 8pm Team E Sun. 29 th July 10am Team F Sun. 29 th July 12noon	
<i>Cathedral Collections: Offertory: €1,060 Restoration: €525</i>	


R.I.P. Please pray for the repose of the soul of John Joe Shaughnessy, Coscorríg Crescent and formerly of Bride Street, Loughrea, who died recently.

MASS INTENTIONS FOR THE CARMELITE ABBEY THIS WEEK

Please note 8am Mass Intentions are now in Mount Carmel

Mon. 8am Donal & Bridie Ryan	10am Greally family
Tues. 8am Joe & Ellen Whyte	10am Stephen & Mary Niland
Wed. 8am Donors Intentions	10am Mattie & Paddy Callanan
Thurs. 8am Donors Intentions	10am Donors Intentions
Fri. 8am Donors Intentions	10am Patrick & Nora Coleman
Sat. 8am Donors Intentions	10am Fr Pat & Sr Teresa McDonagh
Sun. 8am Denis Nelan	9am Margaret Millar 11am Frank Daniels 6pm Matthew Hickey

Society of St. Vincent de Paul 086 - 0551134	Bethany Bereavement Group 087-2109396
<u>World Meeting of Families Ireland. For more info., www.worldmeeting2018.ie</u>	



LOUGHREA CATHEDRAL & CARMELITE ABBEY
The Presbytery 091 – 841212 The Abbey 091 – 841209
Website – loughreacathedral.ie clonfertdiocese.ie
Newsletter online: loughreacathedral.ie clonfertdiocese.ie

Sunday, 22nd July 2018
Sixteenth Sunday in Ordinary Time

Seeing Your Life Through The Lens Of The Gospels Mark 6:30-34

1. The apostles reported to Jesus all that they had done and taught. Perhaps you have had the experience of being able to check in with somebody and share an experience. What was that like for you?
2. Jesus saw that the apostles needed to rest and eat. What has been your experience of finding a restful place after a busy day? What kind of nourishment have you found necessary in order to maintain energy and enthusiasm? What have these insights taught you about life?
3. When Jesus saw the crowd, he recognised their need and reached out to them. Who has been a Jesus person for you, someone who recognised your need and reached out to you? For whom have you been a Jesus person in that way?
4. It sometimes can be difficult to strike a balance between responding to the needs of others and meeting our need for rest and nourishment. What has helped you to keep the balance right?

John Byrne OSA (Intercom Magazine)

The Deep End • Crowds and Shepherds

The gospel today emphasises the importance of taking time for yourself as Jesus takes the disciples to a deserted place after all their hard work. It teaches an important lesson about remaining connected to Jesus if we are to be his followers. It is unfortunate for them that their break is interrupted. The crowd are thirsty for more and suffering from a lack of real leadership. Jesus has so much compassion for the people that the phrase Mark uses actually means he felt compassion in his intestines! A biblical way of saying he felt compassion for them in the pit of his stomach.

Next month we greet the shepherd of the Catholic Church as Pope Francis comes to Ireland for the World Meeting of Families. It will be a momentous occasion, a once in a life-time experience to see and to hear from a Pope who has so much to say to us about sharing the gospel message in our world. He calls us to be joyful Christians, to reach out to the poor and abandoned, to be disciples in our families, communities, on the streets and to help build a world that is true to Christ's vision for this world. Pope Francis is a leader who inspires many. Whether you are travelling to the festival or watching it at home we pray for the success of this extraordinary event. Let us pray today for leaders in our Church and in our communities, that they will inspire people, nurture people and listen to the Spirit who guides us on this path.

Jane Mellett (Intercom Magazine)

**OFFICIAL FAMILY PRAYER
FOR WORLD MEETING OF FAMILIES 2018**

God, our Father,

We are brothers and sister in Jesus your Son,

One family, in the Spirit of your love,

Bless us with the joy of love.

Make us patient and kind, gentle and generous,
welcoming to those in need.

Help us to live your forgiveness and peace.

Protect all families with your loving care,

Especially those for whom we now pray: [*We pause and remember family members and others by name*].

Increase our faith, Strengthen our hope, Keep us safe in your love,

Make us always grateful for the gift of life that we share,

This we ask, through Christ our Lord, Amen.

WMOF2018 launches first ever digital animations on Amoris Laetitia and a new six-part TV series, as part of ongoing preparations for the World Meeting of Families and the visit of Pope Francis. Both of these new resources focus on Amoris Laetitia, the document written by Pope Francis on love in the family. 'A Journey through Amoris Laetitia' is available on www.amoris.ie/tv

The Carmelite Abbey – Graveyard. Volunteers are requested to assist with the care of this graveyard and your assistance would be appreciated. Cemetery Sunday will be Sun., 12th August, with outdoor Mass at 6pm. Volunteers will attend the graveyard on Saturday 11th August at 12 noon. Caretaker: Gerry 0879022592

Garrybreeda Cemetery Trust – Graveyard Volunteers are requested to assist with the care of this graveyard. Cemetery Sunday will be Sun., 29th July at 3pm.

Mountpleasant Graveyard Committee Prayer Service Sunday, 29th July at 5pm. Limited parking inside gate. Collection on the day for upkeep of the graveyard.

Clonfert Pilgrimage to Lourdes August 28th - Sept 2nd, 2018. 5 nights, hotel, full board, insurance, air fare, coach, €725. Booking with Society Travel [090 964 5350](tel:0909645350)

Lough Derg 2018: The Three Day Pilgrimage is currently open. You may begin on any day until Mon. 13th Aug. Advance booking not necessary. Phone Lorraine on 071-9861518 or email: info@loughderg.org

The Irish Cancer Society needs 15 drivers for our Volunteer Driver Service in Loughrea to drive cancer patients to UCHG. We are looking for drivers with free weekday availability. All volunteer expenses are paid. If you would like to volunteer, please contact Laura @ 01-2310594 / transport@irishcancer.ie for application form.

Pulsewave Ireland Heart & Artery screening in the Loughrea Hotel & Spa, Wednesday, 25th July. Normal cost of screening is €50 per person, Parish offer €30 and for that we check your Blood Pressure, Heart Rythm, Casp of heart, arterial flexibility and Blood flow. Appointments available 11am-8pm daily. Call 087-7151623 to make an appointment, spaces are limited. The Screening is medically approved and each person will receive a detailed printout which they may discuss with their own GP.

'Walk While You Can' in aid of Irish Motor Neurone Disease Association, starts in Letterkenny, July 10th and finishing in Ballydehob, Aug. 6th. Parishioners are invited to become part of the walk, organise a fundraising event, or offer accommodation. The walk will be passing through Ardahan, Mon., 23rd July, 10am and Tues., 24th July, 10am. Please support, get involved and donate at www.wvyc.ie

A Night of Music for Áine in the Lough Rea Hotel & Spa, Thursday, 26th July. Doors open at 7.30pm, tickets €20. All proceeds to be donated to Áine's cancer treatment.

40k Cycle & 5k Walk/Run Sunday 5th August in aid of Cappataggle Community Association for Recreation and Sports & Sunflowers Chernobyl Appeal for special needs orphans. Registration 11am Dooley's Cappataggle, Cycle leaves for Loughrea at 2pm. Walk also starts at 2pm. Sponsorship cards from Joe Egan 087-1604436; Michael Byrnes 086-8226793; Seamus Garvey 086-8197810; Hannah Campbell 086-8503183; **Galway's Hidden Heritage Lecture Series 2018** – The Battle of Aughrim Visitor Centre will host free lectures discussing a variety of interesting topics relating to East Galway. The Talks take place at 2pm Fri., 27th July, Fri., 3rd & 17th Aug. and Fri.7th Sept. All welcome. For info., call 09096-73939 / BattleofAughrim@galwaycoco.ie
Loughrea Family Resource Centre - 1:1 help with smart phone or tablet, Tuesday mornings by appointment. Phone 091-871149 for details. Proceeds to support the Family Resource Centre Counselling Service. 091-871149

Dyslexia and Literacy Difficulties - One-to-one tuition for children and adults with literacy difficulties. Classes will run throughout the summer break. Please contact Breda Mahony at 086-1604461 for further details.

Summer Camps at St. Therese Montessori School (only 4km outside Loughrea) for children aged 2yrs 8mths to 12yrs – Monday to Friday, 10am-1pm for July & August. Enquiries to Patricia Kenny @ 086-2485430

Summer Intensive Courses at Study Hub L'rea, 5th & 6th class Irish: 30th July to 3rd Aug., Junior and senior cycle Higher level Irish (Mary Linnane teacher): 6th-10th Aug., Senior cycle Physics and Biology: 13th-17th Aug. Junior and senior cycle Higher level French: 20th-24th of Aug. Places limited, contact 086-3792360 to secure a place.

Sean Nós Dancing Family Resource Centre. Call Bernie @ 086-3731547.

Set-Dancing Classes Family Resource Centre, Thurs. 6.30-8pm for children, 8.30-11pm for adults. Call Bridie @ 087-6202451 before 5pm.

Jive Course with Eamonn Cunniss, in Ringo's next Thursday night at 8.30pm, for 4/5 weeks. Pay as you go, €10.

Yoga Sona le Maria - Children's Yoga Workshop. Tues., July 24th at Loughrea Family & Community Resource Centre. 10-12 year olds, 11am-1pm. 6-9 year olds, 2-3pm. Please contact Maria @ 087-2145434 to book, places are limited.

Yoga: Tues., 10.30am-12pm, Wed., 7-8pm at L'rea Boxing Club. €40 for any 5 classes. Everything provided, all welcome. Call Kate to book @ 085-7504420

Summer Yoga Classes Monday 8pm in L'rea Youth Theatre. Contact, 086-2608039.

Hurling Club Lotto Winning numbers: 8, 18, 22, 31. No winner. Next week's jackpot €8,100.

Found Lady's spectacles. Please contact Parish office for details. 091-841212

Temperance Hall Events

'Back to Fitness with Croi' Exercise Classes Tea Room, Thursdays, 10am-11am. Pre-booking essential. Call Croi @ 091-544310

Loughrea Bingo Summer Madness Bonanza Jackpot is increased to €10,000 in 46 numbers for 10 weeks. Each player gets free entry into a draw for a year's free bingo and many more prizes. Draw takes place 17th August.

Loughrea Bingo every Friday night @ 8.30pm, jackpot €10,000.

Loughrea Activity Assoc. Bowling on Mondays, 1.30-3.30pm, Tuesdays 11am-1pm.

Summer Line Dancing Classes moved to the gym, from Wed., 4th July at 8pm.

Access at rear of hall. Good exercise, everyone welcome. Tel: Sean @ 087-9761692.
Starcamp 2018 7th – 11th August (Tues.-Sat.) 9.30am-2.30pm each day. It is open to boys and girls aged between 4 and 12. For more info., 021-4377900