

MASS INTENTIONS FOR THE CATHEDRAL THIS WEEK

Mon. 11am Personal Intention	8pm No Evening Mass
Tues. 11am Personal Intention	8pm Mark Monaghan
Wed. 11am Ryan family	8pm Personal Intention
Thurs. 11am People of the Parish	8pm Hession family & Catherine Kiely
Fri. 11am John Scully	8pm Peggy, Paddy & Kathleen Griffin
Sat. 11am Personal Intention	8pm T. J. Prendergast
Sun. 10am Fr Joe Marmion and deceased family members	12noon St Joseph's Young Priests Society

No Evening Mass in the Cathedral Monday, 6th August 2018


<u>Ministers of the Word</u> Sat. 11th August 8pm Jane Doheny/Aisling Quinn Sun. 12th August 12noon Mark Connolly	<u>Mass Servers</u> Team E Sat. 11 th August 8pm Team F Sun. 12 th August 10am Team D Sun. 12 th August 12noon
<u>Ministers of the Eucharist:</u> Sat. 11th August 8pm A. McTigue, D. Quinn, D. Fahy Sun. 12th August 10am M. O'Brien Sun. 12th August 12noon P. O'Sullivan, M. Chambers, M. Murphy	<u>Cathedral Collections:</u> Offertory: €985 Restoration: €509

MASS INTENTIONS FOR THE CARMELITE ABBEY THIS WEEK

Please note 8am Mass Intentions are now in Mount Carmel

Mon. 8am Donors Intentions	10am Nora Lenahan
Tues. 8am Eleanor Donohue	10am Sheila McGovern
Wed. 8am Donors Intentions	10am Dead of the Order
Thurs. 8am Donors Intentions	10am John Smith
Fri. 8am Bridget Quirke	10am Mary & Joseph Connolly
Sat. 8am Donors Intentions	10am Carr family deceased
Sun. 9am Dennis Conway	11am Mary Fergus Comer
	6pm Breda Loughnane

Society of St. Vincent de Paul 086 - 0551134	Bethany Bereavement Group 087-2109396
World Meeting of Families Ireland. For more info., www.worldmeeting2018.ie	



LOUGHREA CATHEDRAL & CARMELITE ABBEY
The Presbytery 091 – 841212 The Abbey 091 – 841209
Website – loughreacathedral.ie clonfertdiocese.ie
Newsletter online: loughreacathedral.ie clonfertdiocese.ie
Sunday, 5th August 2018
Eighteenth Sunday in Ordinary Time

Seeing Your Life through the Lens of the Gospels John 6:24-35

1. Jesus distinguishes between food that gives quick satisfaction and food that gives lasting nourishment. It is a mark of wisdom to be able to say 'no' to enticing but delusory attractions in order to choose things of lasting value. From your life experience what advice would you give to another about where things of lasting value are to be found?
2. Jesus reminds his listeners that God is the source of all good things. What difference does it make in your life when you are aware that life, the world, everything you have is gift, and you live in a spirit of gratitude?
3. The work of God is that we 'believe in the one whom God has sent'. In what ways has your faith in Jesus enriched and changed your life? How has Jesus satisfied your hungers or quenched your thirsts?
4. As Jesus came down from heaven to give life to the world, so each one of us is here to be a source of life to others. Think of people who have been a source of life to you, and give thanks for them. For whom have you also been a source of life?

John Byrne OSA (Intercom Magazine)

MUSINGS

'I would like to ask you, dear families: Do you pray together from time to time as a family? Some of you do, I know. But so many people say to me: But how can we? ... But in the family how is this done? After all, prayer seems to be something personal, and besides there is never a good time, a moment of peace ... Yes, all that is true enough, but it is also a matter of humility, of realising that we need God ... all of us! We need his help, his strength, his blessing, his mercy, his forgiveness. And we need simplicity to pray as a family: simplicity is necessary! Praying the Our Father together, around the table, is not something extraordinary: it's easy. And praying the Rosary together, as a family, is very beautiful and a source of great strength! And also praying for one another! The husband for his wife, the wife for her husband, both together for their children, the children for their grandparents ... praying for each other. This is what it means to pray in the family and it is what makes the family strong: prayer.'

*Pope Francis, homily at Mass in St Peter's Square, 27 October 2013
(Intercom Magazine)*

**OFFICIAL FAMILY PRAYER
FOR WORLD MEETING OF FAMILIES 2018**

God, our Father,

We are brothers and sister in Jesus your Son,

One family, in the Spirit of your love,

Bless us with the joy of love.

Make us patient and kind, gentle and generous,
welcoming to those in need.

Help us to live your forgiveness and peace.

Protect all families with your loving care,

Especially those for whom we now pray: [*We pause and remember family
members and others by name*].

Increase our faith, Strengthen our hope, Keep us safe in your love,

Make us always grateful for the gift of life that we share,

This we ask, through Christ our Lord, Amen.

WMOF2018 launches first ever digital animations on Amoris Laetitia and a new six-part TV series, as part of ongoing preparations for the World Meeting of Families and the visit of Pope Francis. Both of these new resources focus on Amoris Laetitia, the document written by Pope Francis on love in the family.

'A Journey through Amoris Laetitia' is available on www.amoris.ie/tv

The Carmelite Abbey – Graveyard. Volunteers are requested to assist with the care of this graveyard and your assistance would be appreciated. Cemetery Sunday will be Sun., 12th August, with outdoor Mass at 6pm. Volunteers will attend the graveyard on Saturday 11th. August at 12 noon. Caretaker: Gerry 0879022592

Mass in the Carmelite Abbey at 6pm on Saturday, 25th August, as part of Loughrea Medieval Festival, taking place Friday, 24th August – Sunday, 26th Aug.

Clonfert Pilgrimage to Lourdes August 28th - Sept 2nd, 2018. 5 nights, hotel, full board, insurance, air fare, coach, €725. Booking with Society Travel [090 964 5350](tel:0909645350)

Lough Derg 2018: The Three Day Pilgrimage is currently open. You may begin on any day until Mon. 13th Aug. Advance booking not necessary. Phone Lorraine on 071-9861518 or email: info@loughderg.org

Knock Shrine: Knock Counselling Centre is running a 6-evening Anger Management Programme starting Thursday, 13th September. Contact Peter Devers at 09493-75032 for details.

The Irish Cancer Society needs 15 drivers for our Volunteer Driver Service in Loughrea to drive cancer patients to UCHG. We are looking for drivers with free weekday availability. All volunteer expenses are paid. If you would like to volunteer, please contact Laura @ 01-2310594 / transport@irishcancer.ie for application form.

Step by Step to Feed the Next Child Mary's Meals began feeding 200 children in Malawi in 2002 and is now feeding over 1,257,278 children every day in places of education. Our vision is that every hungry child receives a daily meal.

To raise funds and awareness of Mary's Meals, we are walking throughout Ireland starting 7th August from Malin, Derry, Armagh, Coalisland, Lurgan, Dublin, Kilkenny and Limerick and are all arriving in Knock on 15th August. Maybe you could get involved. Visit www.sbs4marysmeals.ie or call Fr Eamonn Kelly on [0879077985](tel:0879077985)

Dyslexia and Literacy Difficulties - One-to-one tuition for children and adults with literacy difficulties. Classes throughout the summer break. Please contact Breda Mahony at 086-1604461 for further details.

Brunch in aid of St. Vincent de Paul Society, Loughrea, Sat. 18th August, Rooftop Garden, Lough Rea Hotel & Spa, 10.30am-1.00pm. Tickets €10. Available from the Hotel, Staunton's, Main St., Loughrea and members of SVP. Raffle and Prizes Galore, sponsored by members.

Loughrea Medieval Festival, 'A Taste of the Past', Fri., 24th-Sun., 26th August. Spectacular free weekend of events with something for all ages. This unique event gives you the chance to meet members of the Carmelite community. For details, loughreamedievalfestival.com / loughreamedievalfestival@gmail.com

Galway's Hidden Heritage Lecture Series 2018 – The Battle of Aghrim Visitor Centre will host free lectures discussing a variety of interesting topics relating to East Galway. The Talks take place at 2pm Fri., 17th Aug. and Fri. 7th Sept. All welcome. For info., call 09096-73939 / BattleofAghrim@galwaycoco.ie

40k Cycle & 5k Walk/Run will now take place on MONDAY, 6th August in aid of Cappataggle Community Association for Recreation and Sports & Sunflowers Chernobyl Appeal for special needs orphans. Registration 11am Dooley's Cappataggle.

Sponsorship cards from Joe Egan 087-1604436; Michael Byrnes 086-8226793;

Summer Camps at St. Therese Montessori School (only 4km outside Loughrea) for children aged 2yrs 8mths to 12yrs – Monday to Friday, 10am-1pm for July & August. Enquiries to Patricia Kenny @ 086-2485430

Summer Intensive Courses at Study Hub L'rea, Junior and senior cycle Higher level Irish: 6th-10th Aug., Senior cycle Physics and Biology: 13th-17th Aug. Junior and senior cycle Higher level French: 20th-24th of Aug. Contact 086-3792360.

French Grinds: Junior & Leaving Cert. Experienced teacher and State Examiner. Contact 087-7628412

Sean Nós Dancing Family Resource Centre. Call Bernie @ 086-3731547.

Set-Dancing Classes Family Resource Centre, Thurs. 6.30-8pm for children, 8.30-11pm for adults. Call Bridie @ 087-6202451 before 5pm.

Jive Course with Eamonn Cunniss in Ringo's, Thursday night at 8.30pm. Pay as you go, €10.

Yoga Sona le Maria - Children's Yoga Workshop, Tuesdays in Loughrea Family & Community Resource Centre. 10-12 year olds, 11am-1pm. 6-9 year olds, 2-3pm. Please contact Maria @ 087-2145434 to book, places are limited.

Yoga: Tues., 10.30am-12pm, Wed., 7-8pm at L'rea Boxing Club. €40 for any 5 classes. Everything provided, all welcome. Call Kate to book @ 085-7504420

Summer Yoga Classes Monday 8pm in L'rea Youth Theatre. Contact, 086-2608039.

Concertina Lessons in Loughrea. Contact Muireann @ 087-1484617

Hurling Club Lotto Winning numbers: 1, 2, 18, 22. One match 3 winners. Next week's jackpot €8,400.

Temperance Hall Events

'Back to Fitness with Croi' Exercise Classes Tea Room, Thursdays, 10am-11am. Pre-booking essential. Call Croi @ 091-544310

Loughrea Bingo Summer Madness Bonanza Jackpot is increased to €10,000 in 46 numbers for 10 weeks. Each player gets free entry into a draw for a year's free bingo and many more prizes. Draw takes place 17th August.

Loughrea Bingo every Friday night @ 8.30pm, jackpot €10,000.

Loughrea Activity Assoc. Bowling on Mondays, 1.30-3.30pm, Tuesdays 11am-1pm. **Summer Line Dancing Classes** are taking a break for the month of August. Classes resume in the tea room, Wednesday, Sept., 5th at 8pm. Tel: Sean @ 087-9761692.

Starcamp 2018 7th – 11th August (Tues.-Sat.) 9.30am-2.30pm each day. It is open to boys and girls aged between 4 and 12. For more info., 021-4377900