

MASS INTENTIONS FOR THE CATHEDRAL THIS WEEK

Mon. 11am Martin & Anne Salmon	8pm Thomas & Teresa Deely
Tues. 11am William & Agnes Guiney	8pm Michael Ryan
Wed. 11am Ann & Martin Salmon	8pm Tom Joe Dervan & Ita Pierce
Thurs. 11am People of the Parish	8pm Eileen Madden
Fri. 11am Private Intention	8pm Babbie & Jack Staunton
Sat. 11am Personal Intention	8pm Patricia (Patsy) Prendergast
Sun. 10am Martin & Cathy Rocke	12noon Jarlath, Carmel & Cliona Benson

<p><u>Ministers of the Word</u> Sat. 15th September 8pm Frances Blake Sun. 16th September 12noon Mark Connolly</p>	<p><u>Mass Servers</u> Team E Sat. 15th Sept. 8pm Team F Sun. 16th Sept. 10am Team D Sun. 16th Sept. 12noon</p>
<p><u>Ministers of the Eucharist:</u> Sat. 15th September 8pm J. Beatty, G. Dervan, C. Darcy Sun. 16th September 10am D. Fahy Sun. 16th September 12noon M. Chambers, M. Murphy, J. Fitzgerald</p>	<p><u>Cathedral Collections:</u> Offertory: € 1,255 Restoration: €410</p>
<p>The Second Basket Collection next weekend is the Autumn Collection for the support of the clergy.</p>	


Wedding Congratulations to Bernard McDonagh and Debbie Donoghue who were married in the Cathedral last weekend.

R.I.P Please pray for the repose of the soul of Mary Byrnes, nee Bannon, (mother of Fr Michael Byrnes), Lakeside Park, Loughrea and Brian Hardiman, London, and late of Craughwell, (brother of Kitty McNamee, Lake Rd., Loughrea) who died recently.

MASS INTENTIONS FOR THE CARMELITE ABBEY THIS WEEK

Mon. 8am Donors Intentions	10am Thomas & Joanne Burke and deceased family
Tues. 8am Donors Intentions	10am New York Fire Department
Wed. 8am Donors Intentions	10am Maureen Devine
Thurs. 8am Gerty Monaghan	10am John, Delia, Larry & Christy Moran
Fri. 8am Donors Intentions	10am Donors Intentions
Sat. 8am Donors Intentions	10am Bridie Healy
Sun. 9am Mai & Tommy McDonagh and Paddy Keane	11am Ethna O'Brien 6pm Patrick Mitchell

<p>Society of St Vincent de Paul: 086 0551134</p>	<p>Bethany Bereavement Group 087-2109396</p>
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LOUGHREA CATHEDRAL & CARMELITE ABBEY
The Presbytery 091 – 841212 The Abbey 091 – 841209
Website – loughreacathedral.ie clonfertdiocese.ie
Newsletter online: loughreacathedral.ie clonfertdiocese.ie

Sunday, 9th September 2018
Twenty Third Sunday in Ordinary Time

Seeing Your Life Through The Lens Of The Gospels Mark 7:31-37

1. The healing of the deaf mute provides us with an opportunity to reflect on the importance of communication in our lives. The healing touch of Jesus brought the man from isolation into community. Who have been the people who touched you when you felt isolated and alone and helped you to come out of painful aloneness? For whom have you done this?
2. Deafness is symbolic of being unable to hear what is being said to us. What a difference when our ears are opened! Perhaps you can recall a time when your ears were opened and you heard in a new way that you were loved – by God or by another person.
3. Words are not the only form of communication. Actions can speak louder than words. Recall times when this was brought home to you.
4. Being able to say what is in you is the other side of communication. Perhaps there have been occasions when you have struggled to find words to express what is deepest in you – your faith, your values, your love. Then something changed and you found the words. What was it like to be able to express your deepest self?

John Byrne OSA (Intercom Magazine)

THE DEEP END: Ephphatha

In today's gospel Jesus heals a man who was deaf and who had a speech impediment, unable to hear or speak God's word of truth. Jesus says ephphatha, which means 'be opened!' Immediately this man was healed.

During this Season of Creation we are all urged to listen to the cry of the earth. Scientists are now telling us that unless drastic action is taken we will lose the battle against the environmental destruction which this world is faced with. The worldwide heatwave and drought which we experienced this summer is one example of how our planet is under pressure. Yet change is possible. All it takes is one good person to restore hope. As followers of Christ we have a duty to lead the way in caring for God's beautiful creation. What prevents us from hearing these messages? We can be cynical and say that the issue is too big, that it is up to governments to sort out. Ephphatha! We start where we are and do what we can. This week can you encourage your family to make small changes in the home such as ensuring all waste is correctly recycled, composting, encouraging one another to use public transport or walk/cycle when possible? A very simple action is to reduce the use of plastic by buying a reusable water bottle or coffee cup which removes so much waste from landfills and sends a powerful message. We begin with the small actions and encourage others to do the same. Ephphatha! Let us all be open to this call to care for our common home.

Jane Mellett (Intercom Magazine)

To Celebrate the Centenary of The Stigmata of St Padre Pio on 20th September 1918, Fr Angelus O'Neill OFM CAP will celebrate Mass in St Brigid's Church, Portumna, on Thursday, 20th September at 8pm followed by individual blessing with St Pio's glove on the forehead of all.

St Joseph's Young Priests' Society monthly meeting will take place Tuesday, 11th September at 8.30pm in the Presbytery.

Latin Mass in the Old Rite (Tridentine) will take place this Sunday, 9th September in the Parish Church Knock at 5.30pm.

Legion of Mary Pilgrimage to Knock Shrine on Sunday 30th September. Bus will leave Loughrea at 10.15am. For details, contact 091-842358

Eucharistic Healing Service with Eddie Stones of Emmanuel House, Friday, 28th Sept., St. Colman's Church, Gort, @ 7pm. Please bring family & friends. All welcome.

Foyer of Charity Silent Retreat takes place at Esker Retreat Centre, Athenry, from 17th - 23rd September. Cost: €380 full board. Contact Helen @ 086-1678027, email: hellywilliams@gmail.com or www.foyerofcharity.ie

Knock Shrine: Knock Counselling Centre is running a 6-evening Anger Management Programme starting Thursday, 13th September. Contact Peter Devers at 09493-75032 for details.

Weekend Retreat in the Burren, Co. Clare. 28th-30th September. Why not come on a guided journey to the most secret and sacred places in the Burren and let the silence and beauty of this unique landscape renew in body and soul? Further information from Mary at 087-970 1130 or Nóirín at 087-9459151

Family Carers Ireland: Nominations are being sought for the CarePlus Pharmacy Carer of the Year and Young Carer of the Year 2018. If there is a Family Carer who you feel should be recognised and rewarded, please fill in the nomination form online at www.familycarers.ie by 14th September or call Family Carers Ireland, Barrack Street, Loughrea on (091) 880418

Esker Retreat Centre - Beginning experience programme for Men & Women who have lost a spouse through death, divorce, or separation, 19th-21st October. Contact Gerry @ 086-3855090 or Maureen @ 087-6646896

Men's Health and Wellbeing Programme will commence Thurs. 27th Sept. in Loughrea for 8 weeks. Participants will gain a unique opportunity to engage in free Cookery and Fitness classes as well as workshops on Heart Health, Nutrition, Mindfulness and more! The group will meet Tuesdays & Thursdays 10.30am-1.30pm. To register contact ciara.coy@gretb.ie or 087 9663227. This course is supported by GRETB, GRD, Croí, Healthy Ireland, Galway Co. Co, LCDC, and AIDS West.

Loughrea Medieval Festival would like to thank all involved in another successful festival, including local business support, and all volunteers including L'rea Athletic Club, L'rea Rugby Club, L'rea Memorial Group and numerous individual volunteers.

Chemistry and Biology Grinds available, up to Leaving Cert Hons. Level. Junior Cert Science also. Qualified teacher with 14 years of experience. Call: 0872034099

Computer classes at Loughrea Family & Community Resource Centre. Modules being offered: Introduction to iPad, Social media for Clubs or Business, Introduction to Digital Photography & Online Content, Computer Storage & Data Solutions. Complete Beginners Class also running. Small charge will apply, contact 091871149.

Irish Classes starting Monday, 24th September in Gaeilge Locha Riach, Loughrea. Every Monday evening - beginner 7.15pm, conversational 8.30pm, €75 for 10 weeks. Further details on Facebook or email cleas@bailelochariach.ie

Social Bridge in the Loughrea Hotel & Spa, Mondays at 11am.

St. Brendan's Boys' N.S. Fundraising for new hall. Champagne Am Am, Loughrea Golf Club, 12th, 13th, 14th & 15th September. Entry €100 per team. Tee Box €50 (Team + Tee Box €130). Numerous prizes. For more details, contact Anne Scott @ 086-8546555, Annette Regan @ 087-2262770 or Loughrea Golf Club @ 841049

Loughrea Bridge Club will hold their A.G.M. in the Lough Rea Hotel & Spa, September 11th at 7.30pm. All members invited to attend.

East Galway Adult Learning Centre, L'rea Part-Time Courses in Health and Well Being & Intro. to Gardening. Ph: Sheila Donnellan @ 091847850. All courses are free
Loughrea Camera Club returning after summer break. Meeting Monday, 10th Sept., at 8pm in St Raphael's College. Beginners to advanced, all are welcome. For more details, contact Marian at 086-8764116

Loughrea Tennis Club Junior Tennis Coaching starting Wed. 26th & Thurs. 27th September. 5 week term - €40 members, €45 non-members. Contact 0868514356.

Social Dancing in L'rea Hotel & Spa, 10th, 17th & 24th Sept., Tickets €10 at the door.
Sean Nós Dancing Family Resource Centre. Call Bernie @ 086-3731547.

Set-Dancing Classes Family Resource Centre, Thurs. 6.30pm-8pm for children, 8.30pm-11pm for adults. Call Bridie @ 087-6202451 before 5pm.

Jive Course with Eamonn Cunniss in Ringo's, O'Dea's Hotel, Loughrea, Thursday at 8.30pm. Pay as you go, €10.

Learn to Waltz, Jive and Quick Step with Gerry. Classes commencing Wed., 19th Sept., in the Lough Rea Hotel & Spa, 8.30pm-10pm followed by dancing until 11pm.

Yoga Sona le Maria - Children's Yoga Workshop, Tuesdays in Loughrea Family & Community Resource Centre. 10-12 year olds, 11am-1pm. 6-9 year olds, 2-3pm. Please contact Maria @ 087-2145434 to book, places are limited.

Yoga: Tues., 10.30am-12pm, Wed., 7-8pm at Loughrea Boxing Club. €40 for any 5 classes. Everything provided, all welcome. Call Kate to book @ 085-7504420

Hurling Club Lotto: Winning numbers: 6, 15, 25, 30. 4 match 3 winners. Next week's jackpot is €8,900.

Temperance Hall Events

BRAVO Theatre Groups production of 'Chicago The Musical' will be staged 25th-29th September (no show Friday 28th). Tickets on sale now and can only be purchased online from www.bravotheatregroup.com. Book now to avoid disappointment.

'Back to Fitness with Croi' Exercise Classes Tea Room, Thursdays, 10am-11am. Pre-booking essential. Call Croi @ 091-544310

Loughrea Bingo every Friday night @ 8.30pm, jackpot €10,000.

Karate Classes for beginners and members, starting Mon. 3rd and Wed. 5th Sept., 7.30pm-9pm. All are welcome, ladies & gents and children over 8yrs of age. For more details, contact 087-6133297

Loughrea Activity Assoc. Meeting Monday, 10th September at 7pm. Bowling on Mondays, 1.30-3.30pm, Tuesdays, 11am-1pm.

Autumn Line Dancing Classes every Wednesday, 8pm in the tea room. €5 per class, pay as you go. New beginners welcome. Tel: Sean @ 087-9761692 for details.

Whist resumes on Thursday, 13th September at 8pm. New members welcome.

Family Constellation Workshop Sun., Nov. 4th. Cost:€80. Facilitated by Edel Moylan, BA, MSc Family Therapy. Ph:086-4068661 or healingcircle@eircom.net
A Family Constellation is profound soul work which frees us up from unconscious entanglements that block enjoyment of life, health, success and relationships. This workshop is open to anyone who wants more freedom in their lives.

