

MASS INTENTIONS FOR THE CATHEDRAL THIS WEEK

Mon. 11am Lynda Ward	8pm Paddy & Katie Barrett
Tues. 11am People of the Parish	8pm Bridget Reilly
Wed. 11am John Ward	8pm Katharine McInerney
Thurs. 11am Christopher Donohue MM	8pm Delia & Owen Sheanon
Fri. 11am Pat Power	8pm Gerry & Catriona Maher
Sat. 11am Personal Intention	8pm Mark & Mary and Matthew Corley
Sun. 10am John & Nora Deegan	12noon Patrick O'Shea and his parents Carmel & Paddy O'Shea

<p><u>Ministers of the Eucharist:</u> Sat. 29th September 8pm D. Fahy, P. O'Sullivan, D. Quinn Sun. 30th September 10am M. O'Brien Sun. 30th September 12noon M. Murphy, A. McTigue, M. Chambers</p>	<p align="center"><u>Mass Servers</u></p> <p>Team F Sat. 29th Sept. 8pm Team D Sun. 30th Sept. 10am Team E Sun. 30th Sept. 12noon</p> <hr/> <p align="center"><u>Ministers of the Word</u></p> <p>Sat. 29th Sept. 8pm Declan Joyce Sun. 30th Sept. 12noon John Hayes</p>
<p><i>Cathedral Collections:</i> Offertory: €1,150</p>	


Baptisms: We welcome into God's family Amber Kathleen Egan, Killimor and Mary Ellen Ward, Loughrea.

R.I.P Please pray for the repose of the soul of Patrick-John (Sean) Connelly, Athenry Road, Loughrea and Fr Derrick Long, St Columban's, Dalgan Park, Navan and late of Loughrea, who died recently.

MASS INTENTIONS FOR THE CARMELITE ABBEY THIS WEEK

Mon. 8am Donors Intentions	10am Ann, Michael, Dolores & Jerry Maher
Tues. 8am Donors Intentions	10am Sean Connelly
Wed. 8am Donors Intentions	10am Teresa Heagney
Thurs. 8am Donors Intentions	10am Mary & Peggy Gallagher and deceased members of family
Fri. 8am Martha Flynn	10am John & Frances Martyn
Sat. 8am Bridie Fahy	10am Dan & Teresa Shanahan
Sun. 9am Tom & Dymrna Flynn and deceased members	11am Brian & Josephine Connolly 6pm James, Nelly, Martin, Tracy, Bridie and Michael Nevin

<p>Society of St Vincent de Paul: 086 0551134</p>	<p>Bethany Bereavement Group 087-2109396</p>
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LOUGHREA CATHEDRAL & CARMELITE ABBEY
The Presbytery 091 – 841212 The Abbey 091 – 841209
Website – loughreacathedral.ie clonfertdiocese.ie
Newsletter online: loughreacathedral.ie clonfertdiocese.ie

Sunday, 23rd September 2018
Twenty Fifth Sunday in Ordinary Time

Seeing Your Life Through The Lens Of The Gospels Mark 9:30-37

1. Jesus uses the time they are travelling along the road to teach his disciples what it means to follow him. Think of the wisdom you have acquired about life, about faith, about what it means to be a Christian. Who have been your teachers? Remember them and give thanks for them.
2. One of the lessons Jesus gives them is that there is a dying to be endured as we move to a fuller life. That was the road he would travel. It is also our journey, not only at the end of this earthly life, but also in small ways through life. When have you found that by dying in some way you came to a fuller life?
3. Achievement, affirmation, recognition and status are attractive and enjoyable when they come our way. Yet we can be in trouble if, like the disciples, we become caught up in pursuit of them. Jesus tells them that true greatness lies in service of others. Who are the people whose support and assistance help you now? What has helped you to appreciate the value of loving service of others?

John Byrne OSA (Intercom Magazine)

THE DEEP END: How To Welcome The Child

In today's gospel Jesus is presented as the courageous leader, instructing those who will follow on from him and carry on his work for future generations. He sat down, called the twelve, and said to them, 'Whoever wants to be first must be last of all and servant of all.' Then he took a little child and said to them, 'Whoever welcomes one such child in my name welcomes me, and whoever welcomes me welcomes not me but the one who sent me.' This September we are celebrating the Season of Creation. Pope Francis challenges us to reflect: 'What kind of world do we want to leave to those who come after us, to children who are now growing up?' (Laudato Si', 160). In the context of today's gospel we might ask: how are we welcoming generations to come? Pope Francis urges us to remember that the goods of the earth are not meant to be exploited and states, 'Doomsday predictions can no longer be met with irony or disdain. We may well be leaving to coming generation's debris, desolation and filth.' During this creation time let us reconnect once more with nature and restore our relationship with the environment. As parish communities we must play our part in ensuring that our world is liveable for generations to come.

'Climate change is a global problem with grave implications: environmental, social, economic, political and for the distribution of goods. It represents one of the principal challenges facing humanity in our day.'

Pope Francis, Laudato Si', 25
Jane Mellett (Intercom Magazine)

Legion of Mary Pilgrimage to Knock Shrine on Sunday 30th September. Bus will leave Loughrea at 10.15am. For details, contact 091-842358

Eucharistic Healing Service with Eddie Stones of Emmanuel House, Friday, 28th Sept., St. Colman's Church, Gort, @ 7pm. Please bring family & friends. All welcome.

Handel's Messiah - Knock Basilica on Saturday, 3rd Nov. at 7.30pm presented by the RTÉ Concert Orchestra. Tickets available at www.knockmessiah.com, Knock Shrine Information Office and It Music, Castlebar & Galway.

Public Dementia Information Session in Loughrea Library, Wed., 26th Sept. 6:30pm – 7:30pm.

Men's Health and Wellbeing Programme will commence Thurs. 27th Sept. in Loughrea for 8 weeks. Participants will gain a unique opportunity to engage in free Cookery and Fitness classes as well as workshops on Heart Health, Nutrition, Mindfulness and more! The group will meet Tuesdays & Thursdays 10.30am-1.30pm. To register contact ciara.coy@gretb.ie or 087 9663227. This course is supported by GRETB, GRD, Croí, Healthy Ireland, Galway Co. Co, LCDC, and AIDS West.

Weekend Retreat in the Burren, Co. Clare. 28th-30th September. Why not come on a guided journey to the most secret and sacred places in the Burren and let the silence and beauty of this unique landscape renew in body and soul? Further information from Mary at 087-970 1130 or Nóirín at 087-9459151

Radio Maria Ireland an Irish-run Catholic Talk-Radio Station. Prayer, Catechesis, Uplifting music, Talks, Interviews and Testimonies - all commercial free. Listen via TV on Saorview, Channel 210 & Freeview, Channel 826; Free App "Radio Maria Ireland", streaming on www.radiomaria.ie or via phone, get live radio feed by calling 353 (0)14373277 (no extra charges apply). Please join our growing faith family!

Coffee Morning for the Galway Hospice Foundation on Tues., 25th Sept., in Ciarán Cannon TD's office, Unit 1, Bride Street, L'rea, from 10am-12noon. Please call in.

Public Dementia Information Session - Loughrea Library Wed., 26th Sept., from 6.30pm-7.30pm. Free admission. A Dementia Adviser with Home Instead Senior Care will offer advice and information on Dementia and Alzheimer's Awareness.

Anam Cara Galway, the organisation that supports bereaved parents is holding a Parent Evening on Wed., 3rd October at 7:20pm in the Clayton Hotel, Old Monivea Road, Ballybrit, Galway. This event is free and open to all bereaved parents.

Chemistry and Biology Grinds available, up to Leaving Cert Hons. Level. Junior Cert Science also. Qualified teacher with 14 years of experience. Call: 0872034099

Computer classes at Loughrea Family & Community Resource Centre. Modules being offered: Introduction to iPad, Social media for Clubs or Business, Introduction to Digital Photography & Online Content, Computer Storage & Data Solutions.

Complete Beginners Class also running. Small charge will apply, contact 091871149

Irish Classes starting Monday, 24th September in Gaeilge Locha Riach, Loughrea. Every Monday evening – beginner 7.15pm, conversational 8.30pm, €75 for 10 weeks. Further details on Facebook or email cleas@bailelochariach.ie

French Grinds available. Very experienced teacher. All aspects of Junior and Leaving certificate courses covered. Please contact Ann @ 087-6712487

East Galway Adult Learning Centre, L'rea Part-Time Courses in Health and Well Being & Intro. to Gardening. Ph: Sheila Donnellan @ 091847850. All courses are free

Irish Rural Link are running free classes for farmers to help them register online. Classes starting soon in Loughrea, one evening per week for five weeks. For further information, please contact Mary @ 090-6482744

Reflexology at Loughrea Family Resource Centre start Fri., 28th Sept. Fully trained and accredited professional therapist. Reduced rate of €20 per treatment. All proceeds to our low cost Counselling Service. Contact 091-871149 for appointment.

Loughrea Senior Citizens resume meetings in the Abbey on Thurs., 27th Sept., 8pm-10pm. New members welcome. Enquiries to Michelle @ 086-3062240

Social Bridge in the Loughrea Hotel & Spa, Mondays at 11am

Loughrea Camera Club meeting Monday, 24th Sept., @ 8pm in St. Raphael's College. All welcome, beginners to advanced. For more details, call Marian @ 086-8764116.

Loughrea Tennis Club Junior Tennis Coaching starting Wed. 26th & Thurs. 27th September. 5 week term - €40 members, €45 non-members. Contact 0868514356.

Athletics – 50th Anniversary Road Races, Sunday, 30th Sept. Children @ 1.15pm Senior @ 2.30pm. Enjoy the historic occasion.

Ultra flex School of Dance weekly classes in Freestyle Acro & Hip Hop from ages 4 years to teens. Every Wednesday & Saturday in Loughrea Youth Theatre Studio. Places limited. Contact Kim @ 087-7799489 www.ultraflexschoolofdance@yahoo.com

Social Dancing in L'rea Hotel & Spa, 24th Sept., Tickets €10 at the door.

Sean Nós Dancing Family Resource Centre. Call Bernie @ 086-3731547.

Set-Dancing Classes Family Resource Centre, Thurs. 6.30pm-8pm for children, 8.30pm-11pm for adults. Call Bridie @ 087-6202451 before 5pm.

Jive Course with Eamonn Cunniss in Ringo's, O'Dea's Hotel, Loughrea, Thursday at 8.30pm. Pay as you go, €10.

Learn to Waltz, Jive and Quick Step with Gerry. Classes commencing Wed., 19th Sept., in the Lough Rea Hotel & Spa, 8.30pm-10pm followed by dancing until 11pm.

Chair Yoga – in Loughrea Family Resource Centre, Thursdays, 10.30-11.30am. Starting October 4th. €40 for October. Everything provided and everyone welcome.

Call Kate to book @ 085-7504420

Yoga Classes Family Resource Centre, Wed., 6.30-8pm (Continuation) & 8-9pm (Beginners). Sat., 10.30am-11.30am (Mixed level) €80 for 8 classes & €13 drop-in. Booking essential. Please contact Liz Kirby @ 087-6314581

Yoga Sona le Maria - Children's Yoga Workshop, Tuesdays in Loughrea Family & Community Resource Centre. 10-12 year olds, 11am-1pm. 6-9 year olds, 2-3pm. Please contact Maria @ 087-2145434 to book, places are limited.

Yoga: Tues., 10.30am-12pm, Wed., 7-8pm at Loughrea Boxing Club. €40 for any 5 classes. Everything provided, all welcome. Call Kate to book @ 085-7504420

Hurling Club Lotto: Winning numbers: 5, 9, 22, 26. 2 match 3 winners. Next week's jackpot is €9,100.

Temperance Hall Events

BRAVO Theatre Groups production of 'Chicago The Musical' will be staged 25th-29th September (no show Friday 28th). Tickets on sale now and can only be purchased online from www.bravotheatregroup.com. Book now to avoid disappointment.

Loughrea Bingo every Friday night @ 8.30pm, jackpot €10,000.

Karate Classes for beginners and members, Mon. & Wed., 7.30pm-9pm. All are welcome, ladies & gents and children over 8yrs of age. For details, call 087-6133297

Loughrea Activity Assoc. No meeting Monday, 24th September. Next meeting Monday, 8th October @ 7pm. Bowling Mondays, 1.30-3.30pm, Tuesdays, 11am-1pm.

Autumn Line Dancing Classes every Wednesday, 8pm in the tea room. €5 per class, pay as you go. New beginners welcome. Tel: Sean @ 087-9761692 for details.

Whist resumes on Thursday, 13th at 8pm. New members welcome.

Family Constellation Workshop Sun., Nov. 4th. Cost: €80. Facilitated by Edel Moylan, BA, MSc Family Therapy. Phone 086-4068661 for more details or email healingcircle@eircom.net