

**MASS INTENTIONS FOR THE CATHEDRAL THIS WEEK**

<b>Mon.</b>	<b>11am</b>	Charlie, Michael & John Ward	<b>8pm</b>	Daisy Tully
<b>Tues.</b>	<b>11am</b>	Private Intention	<b>8pm</b>	Tommy Kelly
<b>Wed.</b>	<b>11am</b>	Paddy Shalvey	<b>8pm</b>	Willie & Mary Quinn
<b>Thurs.</b>	<b>11am</b>	People of the Parish	<b>8pm</b>	Deceased members of The McGrath family & Joe Egan
<b>Fri.</b>	<b>11am</b>	Paddy & Sarah Skelly and Laurence & Mary Conway	<b>8pm</b>	Margaret McDonnell
<b>Sat.</b>	<b>11am</b>	Frances Turner	<b>8pm</b>	John Reilly
<b>Sun.</b>	<b>10am</b>	Michael Deeley	<b>12noon</b>	Betty Beirne

<b><u>Ministers of The Eucharist</u></b>		<b><u>Mass Servers</u></b>	
<b>Sat. 15<sup>th</sup> Feb. 8pm</b>	M. Murphy, M. Joyce	<b>Team D Sat. 15<sup>th</sup> Feb. 8pm</b>	
<b>Sun. 16<sup>th</sup> Feb. 10am</b>	M. Doyle	<b>Team E Sun. 16<sup>th</sup> Feb. 10am</b>	
<b>Sun. 16<sup>th</sup> Feb. 12noon</b>	E. McKiernan, A. Gardiner	<b>Team F Sun. 16<sup>th</sup> Feb. 12noon</b>	
<b><u>Ministers of the Word</u></b>		<b><u>Cathedral Collections</u></b>	
<b>Sat 15<sup>th</sup> Feb 8pm</b>	Michael Martin	<b>Offertory: €1770</b>	
<b>Sun 16<sup>th</sup> Feb 12noon</b>	Mary Nix		
<b>World Day of the Sick</b> Tuesday 11 <sup>th</sup> February. Blessing of the sick will take place at the 11am and 8pm Masses. All welcome to attend.			

**MASS INTENTIONS FOR THE CARMELITE ABBEY THIS WEEK**

<b>Mon.</b>	<b>8am</b>	Mary & Brendan Madden	<b>10am</b>	Mary & Thomas Mullins
<b>Tues.</b>	<b>8am</b>	Private Intention	<b>10am</b>	Teresa Kelly & O'Brien family
<b>Wed.</b>	<b>8am</b>	Sylvia Cunniffe	<b>10am</b>	Jim Lenahan
<b>Thurs.</b>	<b>8am</b>	Patrick & Nora Elwood	<b>10am</b>	Frank & Bridget Martyn
<b>Fri.</b>	<b>8am</b>	Private Intention	<b>10am</b>	James Merrick & deceased family members
<b>Sat.</b>	<b>8am</b>	Anthony & Lena Burns	<b>10am</b>	Lucy, Joe & Michael Silke
<b>Sun.</b>	<b>9am</b>	Michael Deeley	<b>11am</b>	Paddy & Mary O'Dea
			<b>6pm</b>	Carmel, Laddie, Jude & Johnny Hession

**NEWSLETTER SPONSOR**

*Dignity Funeral Care*  
Loughrea - Ph: 091-870 030 / 087-142 7271



**LOUGHREA CATHEDRAL & CARMELITE ABBEY**  
**The Presbytery 091 – 841212    The Abbey 091 – 841209**  
*Website – loughreacathedral.ie    clonfertdiocese.ie*  
*Newsletter online: loughreacathedral.ie    clonfertdiocese.ie*  
**Sunday 9<sup>th</sup> February 2020**  
**The Fifth Sunday in Ordinary Time**

**Seeing your Life through the Lens of the Gospel**

1. Jesus uses the image of salt as something that makes food tasty. Without salt food can be tasteless. Who are the people who give zest to your life and make it enjoyable? For whom have you done this? When have you been particularly aware of your potential in this regard?
2. The second image is that of light. Who have been the people who have been a light for you, particularly in moments of darkness? For whom have you been a light? Recall these experiences and give thanks.
3. The images of salt and light can also be applied to communities to which we belong, a family, a parish, or other group. Thinking of the groups of which you are a member, how can their potential be enhanced to enrich the lives of members and offer them a guiding light? How can you make a contribution to this?

*John Byrne osa Intercom Magazine*

**The Deep End - This little light of mine ...**

I'm gonna let it shine! Perhaps you are familiar with this popular hymn. It is often used in children's liturgies, and was in fact written as a gospel song for children in the 1920s. It later became something of an anthem for the Civil Rights Movement of the 1950s and 60s, associated in particular with civil rights leader Fannie Lou Hamer. The song was seen as a way of expressing unity, as people fought for equal rights and freedom.

'This Little Light of Mine' is based on the words of Matthew's Gospel that we hear today: 'No one lights a lamp to put it under a tub... your light must shine in the sight of men.' Without the light of those who were part of the civil rights movement, our world would be a very different place. There are good people everywhere who continue to fight for justice and freedom, who use their 'light' to help others and make sure people are treated fairly and with dignity – both those who campaign and speak out about injustice, and the people on the ground who support the sick, the homeless, refugees and others experiencing difficulties. Witnessing so much suffering, it might be tempting for these 'people of light' to become disheartened, but they carry on, using their compassion and skills to bring about change, shining their light in the darkness. As followers of Christ, we are called to light up the world. Take some time this week to think about how you can let your light shine.

'A community of Jesus which seeks to hide itself has ceased to follow him.'

*Dietrich Bonhoeffer Intercom Magazine*

Please note the new Parish email address is:

[cathedral@clonfertdiocese.ie](mailto:cathedral@clonfertdiocese.ie)

Newsletter Items:

[loughreacathedralnewsletter@eircom.net](mailto:loughreacathedralnewsletter@eircom.net)

**Live Streaming Cameras** All our Masses are now live streamed. They can be viewed on the Cathedral website [www.loughreacathedral.ie](http://www.loughreacathedral.ie) or [www.churchservices.tv](http://www.churchservices.tv)

**John Paul II Award Scheme**, if there are any Transition, 5<sup>th</sup>/6<sup>th</sup> Year students interested in this scheme, please contact your local priest or Ms Marie Burke: 087 2048683 for details.

**The Legion of Mary** meets each Monday at 8.30pm in the Presbytery. New members most welcome. For further information, contact 091 870327.

**St. Padre Pio** 2<sup>nd</sup> Tuesday of the month. Mass and Devotions 8pm – 9pm.

**Loughrea Senior Citizens** will meet in the Abbey on Thursday 13<sup>th</sup> February at 8pm. New members welcome.

**The February Prayer Meeting** with the Carmelite Nuns is next Wed. 12<sup>th</sup> at 7.45pm in the Mt. Carmel Chapel. This week also celebrates the feast of Our Lady of Lourdes through whose intercession, so many people were healed. Our Lady's Shrine at Lourdes is a special place of Pilgrimage.

**ACCORD** Ballinasloe provide professional counselling service for individuals and couples who are experiencing difficulties in their marriage and relationships. Contact 090 9643573 for appointment or email [ballinasloeaccord@eircom.net](mailto:ballinasloeaccord@eircom.net)

**Our Lady of Clonfert Church** is closed to accommodate extensive renovations. The Statue of Our Lady of Clonfert will reside in St. Brendan's Church, Eyrecourt, for the duration of the works (Eircode H53 XV25). The newly renovated Church will reopen on Sunday 26<sup>th</sup> of April 2020. For further information please contact the Parish Office on 090 9675113.

**Beginning Experience** weekend for people who have lost a spouse through death, divorce or separation 3<sup>rd</sup> – 5<sup>th</sup> April 2020 at Redemptorist Centre Esker, Athenry, Co. Galway. Contact Maureen 087 6646896 or Mary 087 9384446.

**Loughrea Parish Council CLG** Community Employment Scheme has the following vacancy for general operative. If interested contact local Intreo/Social Welfare Office (Reference Number #CES2084033) for eligibility. For more info., contact Parish Office: 091 841212. Closing date for receipt of applications: 14<sup>th</sup> February 2020.

**Free Computer & Internet Classes** for Beginners and Farmers with Galway Rural Development and Irish Rural Link in a venue near you. If you are working in the rural community, farming, a senior citizen, unemployed or part time employed then this course is for you. Contact Anne Cassidy, GRD Rural Resource Officer on 087 7685711 or email: [acassidy@grd.ie](mailto:acassidy@grd.ie)

**St. Brendan's Education Centre, Abbey St, Loughrea**, places still available for Level 5 Fashion Media and Makeup Module – Mondays 9.30am – 4pm and Hairdressing Theory and Practice – Wednesdays 9.30am – 4pm. Commencing on the 24<sup>th</sup> & 26<sup>th</sup> of Feb. Free to Medical Card holders, Early School Leavers and those on Social Welfare payments. Contact Freda 091 841387 or [freda.murphy@gretb.ie](mailto:freda.murphy@gretb.ie).

**Special Loughrea Group Pilgrimage** to the Holy Land 20<sup>th</sup> July 8 nights ex Dublin. Taking in Bethlehem, Jerusalem, Mount Tabor, Nazareth, Jericho, River Jordan, Dead Sea & Sea of Galilee. Contact James Treacy 086 0572216 or 01 8783111

**Months Mind Mass** for Fr Paddy Kelly Saturday 15<sup>th</sup> February at 12 noon in Kilnadeema Church.

**Progressive 25** card game in New Inn Community Centre on Mon. 17<sup>th</sup> Feb, at 9pm. Proceeds to Sarsfields Senior Camogie team preparing for their upcoming All Ireland Club Final in Croke Park on 1<sup>st</sup> March. Prize money for 1<sup>st</sup> & 2<sup>nd</sup> and for games 18, 19 & 20. Lots of spot prizes. Teas served. We would appreciate your support on the night.

**Family Carers Ireland is actively recruiting to build on its existing team of Home Care Workers in Loughrea** and surrounding areas. Excellent remuneration rates and flexible working hours available. QQI Healthcare Award including Care Skills and Care of the Older Person desirable. For further information, please telephone 091 885030 or email [galway@familycarers.ie](mailto:galway@familycarers.ie)

**P.A.L.S.** is a new Autism Support Group for parents, guardians and carers of people with Autism, offering info., support and meeting weekly in the Loughrea Family Support Centre on Tues. 9.30 am (gathering for coffee) and 10-11am for meeting. Go to Facebook P.A.L.S. Autism Support Group or contact Paula on 085 7156031.

**Sean Nós Dancing** Family Resource Centre, commencing on Monday nights. Call Bernie at 086 3731547. Everyone welcome.

**Set Dancing** Family Resource Centre, Thursday nights Adults 8.30pm–10.30pm and Friday evenings Children 5.30pm–8.30pm. Call Bridie on 087 6202451.

**Hurling Club Lotto:** Winning numbers: 06, 10, 24, 32. Next week's Jackpot €7400.

**Yoga Classes** on Mondays at 6.30pm and 8pm in the new Loughrea Youth Theatre, Unit 3 Bride Street.

**Morning Yoga Classes** on Monday's at 10am in the new Loughrea Youth Theatre, Unit 3 Bride Street. Contact Julia at 086 2608039.

**Easy Seated Pilates Classes** (Stiffness/Injured/Senior). Every Wednesday at 12pm in Loughrea Youth Theatre. Contact Malvina 083 4040137, booking essential.

## Temperance Hall Events

**Loughrea Bingo** every Friday night at 8.30pm. Jackpot €10,000.

**Irish dancing** for children age 4 and upwards 5pm Monday and Friday advanced class 6pm. Adult class Tuesday evenings 7.15pm. All classes in Temp Hall. For further info. contact Mary Fraughen Barrett T.C.R.G at 087 9597560. Class also in St Ita's School hall Wednesday at 3pm.

**Loughrea Activity Assoc.** Meeting Wed. 12<sup>th</sup> Feb. at 7.30pm in the Tea Room. New members welcome. Bowling Mon., 1.30pm-3.30pm, Tues., 11am-1pm.

**Whist** on Thursdays at 8pm. New members welcome.

**Children's Art & Crafts** 6 week's course, starting Tuesday 11<sup>th</sup> Feb. 4pm – 5.30pm 5 – 10yrs. Cost: €65, if interested please contact Grace 086 8919963

**Karate Classes for Beginners** Mondays & Wednesdays in Temperance Hall at 7.30–9 pm. For adults and juniors over 8yrs of age. Contact for info., 087 6133297. Black belt instructors.

**Karate Classes** for children, boys and girls 5, 6 and 7 yrs. old every Wednesday 7-8pm. Black belt instructor. Phone 087 6316793.

**Yoga-Dance Fusion** for improving posture and flexibility Tuesdays at 7pm for Beginners and Thursdays at 7.15pm for Intermediate. To Book call 087 3340217

**Bethany Bereavement Group**  
087-9660309

**Society of St. Vincent de Paul**  
086 – 0551134