

MASS INTENTIONS FOR THE CATHEDRAL THIS WEEK

Mon. 11am	Christy McCormack	8pm	Michael Ward
Tues. 11am	Mary & William Woolley	8pm	Ann & Patrick Leonard
Wed. 11am	Mary Maughen	8pm	Slattery Family
Thurs. 11am	People of the Parish	8pm	Christina, Mickey Joe and Mary Tully
Fri. 11am	William O'Halloran	8pm	Walter (Wally) Morgan MM
Sat. 11am	David Nolan	8pm	Jim Flaherty
Sun. 10am	Ita Daniels	12noon	John Murphy

<u>Ministers of The Eucharist</u>	<u>Mass Servers</u>
Sat. 22nd Feb. 8pm A. McTigue, M. O'Brien	Team B Sat. 22nd Feb. 8pm
Sun. 23rd Feb. 10am P. O'Sullivan	Team C Sun. 23rd Feb. 10am
Sun. 23rd Feb. 12noon D. Quinn, J. Fitzgerald	Team A Sun. 23rd Feb. 12noon
<u>Ministers of the Word</u>	<u>Cathedral Collections</u>
Sat 22nd Feb 8pm Declan Joyce	Offertory: €1300
Sun 23rd Feb 12noon John Hayes	Restoration: €585

R.I.P Please pray for the repose of the soul of Joanne Joynt (née O'Hara), Carriag Geal, Loughrea who died recently.

Baptism We welcome into God's family Ayla Marguerite Shea, Gort Rd, Loughrea and Laurence Leon Jake McDonagh, Tullahill, Loughrea.

MASS INTENTIONS FOR THE CARMELITE ABBEY THIS WEEK

Mon. 8am	Gerry & Rosaleen Connolly	10am	Noel & Leo Donnelly
Tues. 8am	The Good of the Order	10am	Kathleen Cahill
Wed. 8am	Maureen & Nora Corry	10am	Special Intention
Thurs. 8am	Brian Kelly	10am	Thomas Long
Fri. 8am	Thomas & Nora Long	10am	Nora & Patrick Coleman
Sat. 8am	Paddy & Kathleen Casey	10am	Tom & Agnes O'Brien
Sun. 9am	Ann, Patrick & John Gibbons and decd. family.	11am	Dick & Mary Broderick
		6pm	John & Ellen Hession

NEWSLETTER SPONSOR

Dignity Funeral Care

Loughrea - Ph: 091-870 030 / 087-142 7271



LOUGHREA CATHEDRAL & CARMELITE ABBEY
The Presbytery 091 – 841212 The Abbey 091 – 841209
Website – loughreacathedral.ie clonfertdiocese.ie
Newsletter online: loughreacathedral.ie clonfertdiocese.ie
Sunday 16th February 2020
The Sixth Sunday in Ordinary Time

Seeing your Life through the Lens of the Gospel

1. In this section of the Sermon on the Mount, Jesus proposes standards that go beyond external behaviour. He challenges our inner attitudes. When have you found that living out of inner conviction is more life-giving than keeping up appearances?
2. Jesus applies his teaching to feelings of anger and sexual desire. He suggests that if we do not keep an eye on our feelings and thoughts we will not be able to control our actions. Perhaps you have experienced the truth of this. What has helped you to integrate your feelings so that you were able to live in right relationship with yourself and others?
3. For Jesus, people with genuine authenticity do not need to swear an oath to be convincing. Their 'yes' or 'no' suffices. Recall people who had this kind of credibility for you. When have you found that your simple, direct and honest communication had a positive persuasive force?

John Byrne osa Intercom Magazine

The Deep End – The Bare Minimum

There are times when we try to get by with the bare minimum. Maybe we have scraped through an exam with the minimum of effort, or done a last-minute rush job to complete a work project. Plenty of us know what it's like to do just enough around the house to keep it from descending into total chaos!

Perhaps unconsciously, we sometimes take the same approach to our relationships – only phoning a parent once in a blue moon to 'check in,' or visiting a friend only when we are reminded. It can be easy to slip into a pattern of acting out of a sense of duty rather than love.

Of course, our faith can go the same way. Are there times when we approach the Eucharist with a niggling feeling that something is not quite right? If so, Jesus has some strong words for us in today's Gospel. If we believe that all we are expected to do is 'follow the rules,' we have missed something important. Jesus does not want us to merely follow the letter of the law. Where is the joy or the challenge in that? He tells us that our virtue must go deeper than simply doing the bare minimum. Not only must we not kill, we must not be angry with others. Not only must we not break a promise, we must be honest in all our dealings and in our speech. If we approach the altar without being on good terms with others, we are not in true communion with God.

Obedying the rules is the bare minimum. The Gospel is calling us to a more radical way of living.

Triona Doherty Intercom Magazine

Please note the new Parish email address is:

cathedral@clonfertdiocese.ie

Newsletter Items:

loughreacathedralnewsletter@eircom.net

Live Streaming Cameras All our Masses are now live streamed. They can be viewed on the Cathedral website www.loughreacathedral.ie or www.churchservices.tv

Life in the Spirit Seminar why not come on a life changing journey with the Holy Spirit. Emmanuel House of Providence, Clonfert are holding 7 weeks Life in the Spirit Seminar including Mass, starting Sun. 23rd Feb. 2.30pm – 5pm. Bishop Michael Duignan: 1st seminar on God's Love, contact 057 9151552 or contact@emmanuelhouse.ie.

Clonfert Diocese's Lenten Adult Faith Dev. Gathering takes place Sunday 8th March 2.30pm – 5pm. Guest Speaker: Bishop Michael Duignan. More details at www.creideamh.ie/gathering. All welcome.

John Paul II Award Scheme, if there are any Transition, 5th/6th Year students interested in this scheme, please contact your local priest or Ms Marie Burke: 087 2048683 for details.

The Legion of Mary meets each Monday at 8.30pm in the Presbytery. New members most welcome. For further information, contact 091 870327.

ACCORD Ballinasloe provide professional counselling service for individuals and couples who are experiencing difficulties in their marriage and relationships. Contact 090 9643573 for appointment or email ballinasloeaccord@eircom.net

Our Lady of Clonfert Church Restoration extensive renovations are currently taking place at the Shrine in Clonfert including roof, electrical etc. Our Lady of Clonfert holds a special place in the hearts of so many people near and far. I am making a special appeal for any donations to help offset the huge cost of this project. Fr. Declan McInerney P.P., Parish Office, Eyrecourt, Ballinasloe, Co. Galway, H53KX85, phone 090 9675113 or email: stbrenseyrecourt@clonfert.ie.

Beginning Experience weekend for people who have lost a spouse through death, divorce or separation 3rd – 5th April 2020 at Redemptorist Centre Esker, Athenry, Co. Galway. Contact Maureen 087 6646896 or Mary 087 9384446

Loughrea Parish Council CLG Community Employment Scheme has the following vacancy for general operative. If interested contact local Intreo/Social Welfare Office (Reference Number #CES2084033) for eligibility. For more info., contact Parish Office: 091 841212. Closing date for receipt of applications: 21st February 2020.

Free Computer & Internet Classes for beginners and farmers with Galway Rural Development and Irish Rural Link in a venue near you. If you are working in the rural community, farming, a senior citizen, unemployed or part time employed, then this course is for you. Contact Anne Cassidy, GRD Rural Resource Officer on 087 7685711 or email: acassidy@grd.ie

Manual Handling Training Course Friday 13th from 6pm – 8pm and Saturday 14th March from 11am - 1pm at Loughrea Family Resource Centre. Cost €50 per person. Call Lorraine on 087 9350425, spaces are limited.

St. Brendan's Education Centre, Abbey St, Loughrea, places still available for Level 5 Fashion Media and Makeup Module – Mondays 9.30am – 4pm and Hairdressing Theory and Practice – Wednesdays 9.30am – 4pm. Commencing on the 24th & 26th of Feb. Free to Medical Card holders, Early School Leavers and those on Social Welfare payments. Contact Freda 091 841387 or freda.murphy@gretb.ie.

Unemployed due to accident or illness and would like to improve your computer skills to help you return to work? Enrolling now for our free computer course in Ballinasloe that combines home-based and centre based learning. For more information call Kevin 091 773557 or 086 0432801.

Special Loughrea Group Pilgrimage to the Holy Land 20th July 8 nights ex Dublin. Taking in Bethlehem, Jerusalem, Mount Tabor, Nazareth, Jericho, River Jordan, Dead Sea & Sea of Galilee. Contact James Treacy 086 0572216 or 01 8783111

Into the Heart an evening of Song to support Down Syndrome Galway with Helen Hancock, Soprano and Mark Keane, Piano in Galway Community College, Moneenageisha, Friday 21st Feb. at 8pm. Doors open 7.45. Admission €12.

Progressive 25 card game in New Inn Community Centre on Mon. 17th Feb, at 9pm. Proceeds to Sarsfields Senior Camogie team preparing for their upcoming All Ireland Club Final in Croke Park on 1st March. Prize money for 1st & 2nd and for games 18, 19 & 20. Lots of spot prizes. Teas served. We would appreciate your support on the night.

Sean Nós Dancing Family Resource Centre, commencing on Monday nights. Call Bernie at 086 3731547. Everyone welcome.

Set Dancing Family Resource Centre, Thursday nights Adults 8.30pm–10.30pm and Friday evenings Children 5.30pm–8.30pm. Call Bridie on 087 6202451.

Hurling Club Lotto: Winning numbers: 12, 17, 21, 28. Five match three winners. Next week's Jackpot €7500.

Yoga Classes on Mondays at 6.30pm and 8pm in the new Loughrea Youth Theatre, Unit 3 Bride Street.

Morning Yoga Classes on Mondays at 10am in the new Loughrea Youth Theatre, Unit 3 Bride Street. Contact Julia at 086 2608039.

Easy Seated Pilates Classes (Stiffness/Injured/Senior). Every Wednesday at 12pm in Loughrea Youth Theatre. Contact Malvina 083 4040137, booking essential.

Temperance Hall Events

Loughrea Bingo every Friday night at 8.30pm. Jackpot €10,000.

Irish dancing for children age 4 and upwards 5pm Monday and Friday advanced class 6pm. Adult class Tuesday evenings 7.15pm. All classes in Temp Hall. For further info. contact Mary Fraughen Barrett T.C.R.G at 087 9597560. Class also in St Ita's School hall Wednesday at 3pm.

Loughrea Activity Assoc. Bowling Mon., 1.30pm-3.30pm, Tues., 11am-1pm. **Whist** on Thursdays at 8pm. New members welcome.

Karate Classes for Beginners Mondays & Wednesdays in Temperance Hall at 7.30–9 pm. For adults and juniors over 8yrs of age. Contact for info., 087 6133297. Black belt instructors.

Karate Classes for children, boys and girls 5, 6 and 7 yrs. old every Wednesday 7-8pm. Black belt instructor. Phone 087 6316793.

Yoga-Dance Fusion for improving posture and flexibility Tuesdays at 7pm for Beginners and Thursdays at 7.15pm for Intermediate. To Book call 087 3340217

Bethany Bereavement Group
087-9660309

Society of St. Vincent de Paul
086 – 0551134