

## MASS INTENTIONS FOR THE CATHEDRAL THIS WEEK

<b>Mon.</b>	<b>11am</b>	Teresa & Michael Flynn	<b>8pm</b>	Mary Glynn
<b>Tues.</b>	<b>11am</b>	Personal Intention	<b>8pm</b>	Declan McCormack
<b><u>Ash Wednesday</u></b>				
<b>Wed.</b>	<b>11am</b>	Paddy Furey Snr & Nora	<b>8pm</b>	Michael McCormack
<b>Thurs</b>	<b>11am</b>	People of the Parish	<b>8pm</b>	Kieran Reilly
<b>Fri.</b>	<b>11am</b>	Cyril Hardiman	<b>8pm</b>	Vincent Maher
<b>Sat</b>	<b>11am</b>	Teresa & Jackie McLoughlin	<b>8pm</b>	Thomas & Dermot Murphy
<b>Sun.</b>	<b>10am</b>	Martha Callanan	<b>12noon</b>	The deceased members of the Dillon family

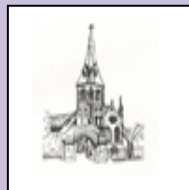
<b><u>Ministers of The Eucharist</u></b>	<b><u>Mass Servers</u></b>
<b>Sat. 29<sup>th</sup> Feb. 8pm</b> G. Dervan, J. Beatty	<b>Team E Sat. 29<sup>th</sup> Feb. 8pm</b>
<b>Sun. 1<sup>st</sup> Mar. 10am</b> D. Fahy, D. Quinn	<b>Team F Sun. 1<sup>st</sup> Mar. 10am</b>
<b>Sun. 1<sup>st</sup> Mar. 12noon</b> A. Gardiner, M. Chambers	<b>Team D Sun. 1<sup>st</sup> Mar. 12noon</b>
<b><u>Ministers of the Word</u></b>	<b><u>Cathedral Collections</u></b>
<b>Sat 29<sup>th</sup> Feb 8pm</b> Tommy Flynn	<b>Offertory: €1295</b>
<b>Sun 1<sup>st</sup> Mar 12noon</b> Mark Connolly	<b>Restoration: €645</b>
The <b>Second Basket Collection</b> next weekend is the Diocesan Lenten Collection. Please support as this money is used to meet the administrative needs of the diocese including: Child Safeguarding, G.D.P.R. (General Data Protection Regulations) and Charity Regulatory Authority. These new requirements are in addition to the many ordinary demands of a modern office. Please be generous in your response.	

**R.I.P** Please pray for the repose of the soul of Sr. Mary Philomena Kilcommons, Carmelite Sisters, St. Joseph's Monastery, Loughrea, Sr. Margaret Mary Dempsey, Mercy Convent, Westport, formerly of Craughwell, Martin Healy, Rus-in-Urbe, Loughrea, formerly Carra, Bullaun and Edward Flaherty, Ard Breeda, Loughrea formerly of Park, Athenry who died recently.

**Baptism:** We welcome into God's family Jayden John & Mary Ella Ward, Loughrea.

## MASS INTENTIONS FOR THE CARMELITE ABBEY THIS WEEK

<b>Mon.</b>	<b>8am</b>	Tomás Geoghegan	<b>10am</b>	Ann Irvine
<b>Tues.</b>	<b>8am</b>	Brendan & Jim Sweeney	<b>10am</b>	Gerard Geoghegan
<b><u>Ash Wednesday</u></b>				
<b>Wed.</b>	<b>8am</b>	Private Intention	<b>10am</b>	Pauline Callanan
<b>Thurs</b>	<b>8am</b>	Mark McEnroe	<b>10am</b>	Holy Souls
<b>Fri.</b>	<b>8am</b>	Private Intention	<b>10am</b>	John Cunney
<b>Sat</b>	<b>8am</b>	Tom O'Brien	<b>10am</b>	For our benefactors
<b>Sun.</b>	<b>9am</b>	Peter & Frances Sweeney and decd. family	<b>11am</b>	Michael & Margaret Monaghan
			<b>6pm</b>	Robert & Rosaleen Donohue and John Finnerty



**LOUGHREA CATHEDRAL & CARMELITE ABBEY**  
**The Presbytery 091 – 841212    The Abbey 091 – 841209**  
*Website – loughreacathedral.ie    clonfertdiocese.ie*  
*Newsletter online: loughreacathedral.ie    clonfertdiocese.ie*  
**Sunday 23rd February 2020**  
**The Seventh Sunday in Ordinary Time**

**Ash Wednesday** marks the beginning of the season of Lent. Ashes will be distributed after 11am and 8pm Masses Wednesday.

**Ash Wednesday** is a day of fast and abstinence. Fasting means that the amount of food that we eat is considerably reduced. Abstinence means that we give up a particular kind of food or drink or form of amusement. Those over 18 are bound by the law of fasting until the beginning of the sixtieth year whole and all over 14 years are bound by the law of abstinence.

**Stations of the Cross** during Lent will take place in the Cathedral on Wednesdays and Fridays after 8pm Mass

**Remember to use your Trocaire Boxes.** They are available at the back of the Cathedral and will also be distributed through the schools. With the support of people in Ireland, Trocaire will deliver humanitarian aid to over 2million people in crisis.

### **The Deep End – Day of Prayer for Temperance**

The power of forgiveness 'I bear no ill will. I bear no grudge. Dirty sort of talk is not going to bring her back to life. She's in heaven and we shall meet again. I will pray for these men tonight and every night.' These words of Gordon Wilson echoed across the world in 1987, just hours after his 20-year-old daughter Marie was killed in an IRA bomb in Enniskillen. Very few words in the history of the Northern Ireland conflict had such a powerful impact. His extraordinary capacity to forgive the people who had caused him so much pain helped to move along the slow process.'

Gordon Wilson was the personification of the words of Jesus: 'love your enemies and pray for those who persecute you.' It is one of the most difficult and challenging passages in the Gospels; one commentator calls it 'Jesus' most unreasonable command.' Living under oppressive Roman rule, with torture and murder not uncommon, the disciples knew what it was to hate their enemies. As we read and listen to the news today, the cruelty of people continues to astound and upset us. But Jesus reminds us that everyone is human. All are children of God, who 'causes his sun to rise on bad men as well as good.' While we clearly don't accept or excuse the terror and evil in the world, we cannot dehumanise those who carry out despicable actions. It is much easier said than done, but we must strive to meet hatred with love. With God, there is always forgiveness; there is always hope.

*Triona Doherty Intercom Magazine*

### **NEWSLETTER SPONSOR**

*Dignity Funeral Care*  
 Loughrea - Ph: 091-870 030 / 087-142 7271

Please note the new Parish email address is:

[cathedral@clonfertdiocese.ie](mailto:cathedral@clonfertdiocese.ie)

Newsletter Items:

[loughreacathedralnewsletter@eircom.net](mailto:loughreacathedralnewsletter@eircom.net)

**Clonfert Diocesan Pilgrimage to Hungary** September 2020 Join Bishop Michael Duignan on the Clonfert Diocesan Pilgrimage to Hungary from 15th – 21st Sept. Visiting Győr and Budapest for the 52<sup>nd</sup> International Eucharistic Congress. Cost: €845.00 per person sharing (single supplement applies). For more information or to book, contact Isabelle 091 - 841560. Places are limited, immediate booking advised.

**Live Streaming Cameras** All our Masses are now live streamed. They can be viewed on the Cathedral website [www.loughreacathedral.ie](http://www.loughreacathedral.ie) or [www.churchservices.tv](http://www.churchservices.tv)

**Life in the Spirit Seminar** Why not come on a life changing journey with the Holy Spirit. Emmanuel House of Providence, Clonfert are holding 7 weeks Life in the Spirit Seminar including Mass, starting Sun. 23<sup>rd</sup> Feb. 2.30pm – 5pm.

Bishop Michael Duignan: 1<sup>st</sup> seminar on God's Love.  
Contact 057 9151552 or [contact@emmanuelhouse.ie](mailto:contact@emmanuelhouse.ie).

**Clonfert Diocese's Lenten Adult Faith Dev. Gathering** takes places Sunday 8<sup>th</sup> March 2.30pm – 5pm. Guest Speaker: Bishop Michael Duignan. More details at [www.creideamh.ie/gathering](http://www.creideamh.ie/gathering). All welcome.

**John Paul II Award Scheme**, if there are any Transition, 5<sup>th</sup>/6<sup>th</sup> Year students interested in this scheme, please contact your local priest or Ms Marie Burke: 087 2048683 for details.

**The Legion of Mary** meets each Monday at 8.30pm in the Presbytery. New members most welcome. For further information, contact 091 870327.

**Loughrea Senior Citizens** will meet in the Abbey on Thurs. 27<sup>th</sup> Feb. at 8pm. New members welcome.

**Silent Retreat**, Esker Retreat Centre, Athenry, 13<sup>th</sup> – 19<sup>th</sup> April. Theme "If you but knew the gift of god...", preached by Fr. Killian Byrne. Cost €380 full board. Contact Helen 00353 86 1678027/ [hellywilliams@gmail.com](mailto:hellywilliams@gmail.com), [www.foyerofcharity.ie](http://www.foyerofcharity.ie).

A privileged time to come away from noise and distractions, and listen to the Spirit of God, - who is love. Silence, prayers, teaching & liturgy of the Church.

**ACCORD** Ballinasloe provide professional counselling service for individuals and couples who are experiencing difficulties in their marriage and relationships. Contact 090 9643573 for appointment or email [ballinasloeaccord@eircom.net](mailto:ballinasloeaccord@eircom.net)

**Beginning Experience** weekend for people who have lost a spouse through death, divorce or separation 3<sup>rd</sup> – 5<sup>th</sup> April 2020 at Redemptorist Centre Esker, Athenry. Contact Maureen 087 6646896 or Mary 087 9384446

**The Buns 'n' Bikes Coffee Morning** in aid of Cancer Care West, Sun. 1<sup>st</sup> Mar. 10.30am – 1pm in St. Brigid's Vocational School Sports Hall, Loughrea, H62 XF63. Charity auction at noon.

**Free Computer & Internet Classes** for beginners and farmers with Galway Rural Development and Irish Rural Link in a venue near you. If you are working in the rural community, farming, a senior citizen, unemployed or part time employed, then this course is for you. Contact Anne Cassidy, GRD Rural Resource Officer on 087 7685711 or email: [acassidy@grd.ie](mailto:acassidy@grd.ie)

**Manual Handling Training Course** Friday 13<sup>th</sup> from 6pm – 8pm and Saturday 14<sup>th</sup> March from 11am - 1pm at Loughrea Family Resource Centre. Cost €50 per person. Call Lorraine on 087 9350425, spaces are limited.

**St. Brendan's Education Centre, Abbey St, Loughrea**, places still available for Level 5 Fashion Media and Makeup Module – Mondays 9.30am – 4pm and Hairdressing Theory and Practice – Wednesdays 9.30am – 4pm. Commencing on the 24<sup>th</sup> & 26<sup>th</sup> of Feb. Free to Medical Card holders, Early School Leavers and those on Social Welfare payments. Contact Freda 091 841387 or [freda.murphy@gretb.ie](mailto:freda.murphy@gretb.ie).

**Affordable Live-in Homecare** provide live-in carers for the elderly in your area. If you are looking for a live-in carer for your relative. Please contact Eileen or Tom today on 087 9916791. Website: [www.alhomecare.ie](http://www.alhomecare.ie)

**Service for Deaf & Hard of Hearing People:** Primary Care Centre, St. Brendan's Campus, Lake Rd, Loughrea, on Thurs. 27<sup>th</sup> Feb at 10am – 1pm. There is no appointment needed. This is a free service. For further details, contact: Dave 091 5641871 or 086 8168073

**Special Loughrea Group Pilgrimage** to the Holy Land 20<sup>th</sup> July 8 nights ex Dublin. Taking in Bethlehem, Jerusalem, Mount Tabor, Nazareth, Jericho, River Jordan, Dead Sea & Sea of Galilee. Contact James Treacy 086 0572216 or 01 8783111

**Hurling Club Lotto:** Winning numbers: 13, 18, 23, 29. Next week's Jackpot €7600.

**Set Dancing** Family Resource Centre, Thursday nights Adults 8.30pm–10.30pm and Friday evenings Children 5.30pm–8.30pm. Call Bridie on 087 6202451.

**Yoga Classes** on Mondays at 6.30pm and 8pm in the new Loughrea Youth Theatre, Unit 3 Bride Street.

**Morning Yoga Classes** on Mondays at 10am in the new Loughrea Youth Theatre, Unit 3 Bride Street. Contact Julia at 086 2608039.

**Easy Seated Pilates Classes** (Stiffness/Injured/Senior). Every Wednesday at 12pm in Loughrea Youth Theatre. Contact Malvina 083 4040137, booking essential.

## Temperance Hall Events

**Loughrea Bingo** every Friday night at 8.30pm. Jackpot €10,000.

**Loughrea Line Dancers** commencing Monday 2<sup>nd</sup> March, Beginners 7pm – 8pm, Advance 8.10pm – 9.10pm. €8 per class. Phone 087 2649845

**Irish dancing** for children age 4 and upwards 5pm Monday and Friday advanced class 6pm. Adult class Tuesday evenings 7.15pm. All classes in Temp Hall. For further info. contact Mary Fraughen Barrett T.C.R.G at 087 9597560. Class also in St Ita's School hall Wednesday at 3pm.

**Loughrea Activity Assoc.** Meeting Wed. 26<sup>th</sup> Feb. at 7.30pm in the Tea Room. New members welcome. Bowling Mon., 1.30pm-3.30pm, Tues., 11am-1pm.

**Whist** on Thursdays at 8pm. New members welcome.

**Galway 2020 presents Livefeed Loughrea**, a music event showcasing young musicians and performers from Loughrea. Sat. 29<sup>th</sup> Feb. at 1pm. Free Admission.

**Karate Classes for Beginners** Mondays & Wednesdays in Temperance Hall at 7.30–9 pm. For adults and juniors over 8yrs of age. Contact for info., 087 6133297. Black belt instructors.

**Karate Classes** for children, boys and girls 5, 6 and 7 yrs. old every Wednesday 7-8pm. Black belt instructor. Phone 087 6316793.

**Yoga-Dance Fusion** for improving posture and flexibility Tuesdays at 7pm for Beginners and Thursdays at 7.15pm for Intermediate. To book, call 087 3340217

**Bethany Bereavement Group**  
087 9660309

**Society St. Vincent de Paul**  
086 0551134

