

Woodford/Looscaun Parish Newsletter

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Newsletter available on www.clonfertdiocese.ie, Eircode: H62 AK18
Facebook: www.facebook.com/Woodf4dLooscaun, **Woodford/Shragh Defibrillator 999 or 112*****.

Feast of the Presentation of Our Lord February 2nd 2020

World Day for Consecrated Life

St John the Baptist Church, Woodford.

Mass Times: Mon. 7.30pm Tue. 7.30pm Sat. 7pm
Saturday February 1st 7pm Desmond Page, Cloncoe.
Saturday February 8th 7pm Gerard & Mary O'Reilly, Woodford.

Eucharistic Ministers: Justin O'Byrne Mary Lyons
Altar Society: Team 3. Wiltrude Duell Mary Gorman Angela Shiel.
Reader for Church Maura Cooney.
Altar Servers: (A)

St. Brendan's Church, Looscaun

Mass Times: Mon 9.30am Wed.9.30am Fri. 7pm Sat. 10am Sun. 11am
Sunday February 2nd 11am John & Nancy Keary, Woodford (Anniv)
Friday February 7th 7pm Margaret Minogue, Coose (Months Mind)
Saturday February 8th 11am Tom Garvey, Coose Hill (First Anniv.)
Sunday February 9th 11am Rodger & Bridget Whelan, Rossmore.

Eucharistic Ministers Eamon Whelan Bridie Flanagan.
Altar Society Eileen Whyte Mary Jo Dermody. .
Reader for Church. Philip Morrissey.
Altar Servers. (A)

Confession Available: After 10am Mass on Sat. morning in Looscaun, 6.20pm -6.45pm before Vigil Mass in Woodford and after 11am Mass on Sunday.

Candlemas Day Sunday 2nd Feb. Blessing of candles for church and home use will take place at all Mass Sat. 1 st Feb. 8pm and Sun. 2 nd Feb. Thanks to all who have donated candles for church use.

Blessing of Throats Mon. 3rd Feb. **Feast of St. Blaise**, after 9.30am Mass in St. Brendan's Church Looscaun and 7.30pm in St. John the Baptist Church, Woodford.

New Email Address: Please note change of Email address to woodfordlooscaun@clonfertdiocese.ie

All email addresses in the diocese are being moved to the @clonfertdiocese.ie email server.

Parish Envelopes: The Parish Envelope Boxes (Church Offering)for 2020 are available in the church before & after Mass.. Please note your 2020 number may be different to your 2019 number. Thank you for your financial support of the parish.

Lourdes Collection: Please note that there will be a second basket collection for the Clonfert Diocesan Pilgrimage to Lourdes Fund. This is to help the sick & those who otherwise would not be able to go on pilgrimage to Lourdes. Please give what you can. Every little helps.

Irish Wheelchair Association will be holding their church gate collection on Sat 8th & Sun 9th Feb Your support would be gratefully appreciated.

The Annual Service of Remembrance for parents who have experienced bereavement through the loss of their baby or child will be held in **Portiuncula Hospital Chapel** on Monday 3rd February at 7.30pm. All are welcome to attend.

Tommy Larkins Club Membership: If you wish to renew your membership or become a member of Tommy Larkins you can do so now online or at Registration Night @ The Clubhouse on Friday 7th Feb from 7pm to 9pm. Details on Club Website/Facebook page.

Tommy Larkins GAA Lotto 7-14-17-22 No Winner. Match 3 Vincent Garvey Melissa Forde Mary Mullins Carol Hogg Alan Dervan. Next draw on Sat Feb. 1st in The Wren Woodford . Jackpot 8,500 euro.

Fit4Life: continues each Saturday morning @ 10am sharp at The Clubhouse. Suitable for all ages and abilities and everyone welcome to this community initiative.

Ireland Lights Up/Healthy Walking Ireland @ The Clubhouse Tuesday evenings 7.45pm. This is a great opportunity to get out walking in a safe environment and enjoy the company of friends. All welcome.

First Friday Calls this Fri. Feb. 7th beginning in Looscaun at 10am and Woodford at 3pm. If you would like a call or know someone who would appreciate a call, please contact Fr. Kieran on 087-2997956

Mercy College Woodford Junior Camogie Team (Connacht C Champions) will play Firhouse Community College in the All Ireland Colleges Quarter Final in Firhouse, Dublin on Monday 3rd February at 1.30pm, all support welcome. We wish our talented girls every success".

Prayer Meeting in Aras Mhuire, Portumna on Thur. Feb. 6th at 7.30pm. All welcome.

Greylakes Macra are holding their 1st meeting and information night of 2020 on Friday, Feb 7th at 8pm in Loughrea Mart (meeting room upstairs). For more info follow our Facebook page "Greylakes Macra Na Feirme" or email greylakesmacra@gmail.com

Rainy Days Manual Handling Training - Sat 8th February from 11.30 to 1.30 and Fri 14th Feb from 9.30 to 11.30 taking place in Tommie Larkins Clubhouse. A few spaces remaining. Cost is €50 per person. Please contact Lorraine on 0879350425 to book your space now.

Clonfert Diocese's Schools Public Speaking Competition in St. Raphael's College, Loughrea, 7.30-10pm this Tues (Feb 4th). More info: www.creideamh.ie/youth. All welcome.

The Lord's Prayer - short course begins in Family Centre, B/sloe, 8-9.15 pm this Sun (Feb 2nd). See www.creideamh.ie/prayer . Booking advised.

PILATES = New 6 week course will commence at **Shragh Community Centre, on Tuesday, 28th Jan (6.15pm – 7.15pm)** Cost = €40 for 6 classes. An enjoyable and fantastic means by which to achieve a full body workout that helps strengthen and tone. Focusing on your posture and breathing. Relief from back pain and joint stress. All levels of ability welcome to join the class. For more information or to register contact Mary 087 6152668 or Eilish 087 7416724

Word Processing Level 5 (basic Microsoft word processing knowledge required) starting 8th February 9.30 to 1. St. Brendan's Education Centre, Abbey St., Loughrea, Co. Galway: Phone 091 841387 or email freda.murphy@getb.ie:

The Foot Clinic will be attending Hayes Pharmacy Portumna on the 3rd,10th,17th & 24th of February for general and diabetic foot care. To make an appointment ring 087 3344530

Galway Rural Development and Irish Rural Link will be holding Free *Computer & Internet Classes for Beginners & Farmers* in a venue near you. If you are working in the rural community, farming, a senior citizen, unemployed or part time employed then this course is for you. Contact: Anne Cassidy,GRD Rural Resource Officer on 087 7685711 or via email: acassidy@grd.ie "

Holy Michael, the Archangel, defend us in battle. Be our safeguard against the wickedness and snares of the devil. May God rebuke him, we humbly pray; and do you, O Prince of the heavenly host, by the power of God cast into hell Satan and all the evil spirits who wander through the world seeking the ruin of souls. Amen.

Sun. Feb. 2nd SR 8.16am Set. 5.18 pm First Quarter on Sun. Feb. 2nd at 1.41am

Silent Retreat: Theme: "If you but knew the gift of God..." **Preached by:** Fr. Kilian Byrne
Venue: St. Mary's, Knock, Co. Mayo **Date:** February 24th-March 1st **Cost:** €440 full board
Contact: Helen : 00353 86 1678027/ hellywilliams@gmail.com www.foverofcharity.ie
A privileged time to come away from noise and distractions, and listen to the Spirit of God, - Who is Love. Silence, prayer, teachings & liturgy of the Church.
Easter Pilgrimage to Fatima 8th – 13th April 2020 All Easter Ceremonies in Fatima Mass in Santarem where the bleeding host took place and Prayers, and Hungarian Stations of the Cross in Fatima.
Contact James Treacy 086-0572216

*Irish Wheelchair Association will be holding their church gate collection on
Saturday 8th & Sunday 9th February 2020.
Your support would be gratefully appreciated.*

The Spirituality of Recovery: A Unique day for Families Affected by Addiction With Mr Sean Harty. Spirituality is a personal search for meaning in life, for connection with all things and for the experience of a power beyond oneself. This day of reflection and support will allow us all to express and discuss the importance of spirituality and Addiction Recovery. Shared experiences and mutual respect for each other will allow this day to take us on a journey. February 15th, Galilee Spirituality Centre, 10.30-3.30. Numbers Limited: Booking: info@galilee.ie 071-966-4101 .

Active Hope Workshop with Kathryn McCabe How can we be active in the current climate crisis, and keep hope alive for ourselves and others? You are invited to an evening workshop which will explore our inner resources for resilience and connection to other people and our world. Through a series of activities drawing on Joanna Macy's Social Ecology, Kathryn will help us to explore our own responses to the state of the planet. March 4th, 6.30-9.30pm, Galilee Spirituality Centre. Cost €20. All Welcome. Booking: info@galilee.ie 071-966-4101. Kathryn Mc Cabe MA is a social ecologist, professional facilitator and leadership development specialist. She is a published author in Social Ecology; Applying Ecological Thinking to Our Lives and Our Work. €20 or €25 per family. €10 unwaged. Light lunch included.

Fundraising Christmas Bazaar in Loughrea Golf Club on Sunday 8th December at 12.00 Noon. Sale of items include jewellery, home made cakes, fire wood, etc. Refreshments & Santa.

Chiropody clinic will be attending Hayes pharmacy, Portumna on 9th, 10th, 16th & 20th Dec for general and diabetic footcare. Contact Emma on 0861901247 for an appointment.

Family Carers Ireland would like to thank all who contributed to their church gate collection on the weekend of November 10th. The amount raised in the parish was €42.41. The funds raised go towards supporting people who care full time for their loved ones at home. If you are a family carer and need support or advice and information please call our resource centre on 093 30060. Thank you.

Five First Saturday Devotions are being hosted in the Knock Old Parish Church next Saturday 7th December. Starts at 11.00am with Rosary, meditations, and concludes with Holy Mass at 12.00 noon, Confessions and Enrollment of the free brown scapulars. All done in the spirit of reparation for sins committed against our Lady's immaculate Heart and the salvation of souls. Everyone is welcome to attend to benefit from Our Lady's heavenly promises".

THANK YOU to all who supported The Christmas Fair 2019!
An amazing day was had by all and such an overwhelming support from so many. Thank you to those who played such beautiful music and congratulations to Maeve Cowen who won the best Christmas Jumper competition between the exhibitors, sponsored by BLAS. Thank you to Podumna Village in letting us borrow their decorations

**and a huge thank you to the children from Acorn to Oak,
Fundamental and Busy Bodies in decorating our hall with
such amazing art work.
Have a Merry Christmas to you all.
The Christmas Fair Team.**

The Pieta House Wren Run returns for 2019 on 26th Dec. Both Davitts Camogie & Tommy Larkins will again be joint beneficiaries with Pieta House and your support would be appreciated. Register online @ www.pietahousewrenrun.ie . The Pieta House Wren Run will hold a Registration Night in Tommy Larkins' Clubhouse from 6.30pm-8pm on Thursday 14th November. You can register for the event or purchase merchandise (bobble hats, jerseys & jackets) - Card payment accepted. All profits from our merchandise sales go solely to Pieta House. Register for the event NOW & be entered into all our Early Bird Draws along with our Monster Draw. Prizes include a consultation with Dermot Bannon, €200 Supervalu vouchers, hotel breaks plus loads more. For more info, visit www.pietahousewrenrun.ie Registration will be available on the day. Our local beneficiaries are Davitts CC and Tommy Larkins GAA. Please support. All welcome to register on the night! Any queries, contact 087-9925624

Couch to 5K and Men on the Move every Tuesday and Thursday evenings 7 to 8pm and 8 to 9pm respectively on the walking Track at Tommy Larkins Clubhouse for both ladies and gents. Both events are sponsored by HSE and are open to everyone in the community. You are invited to participate in whatever time slots suits you best. This is a great opportunity to get fitter and healthier so please come along and join in next week.

Advent Retreat at Esker Retreat Centre Nov 29th – Dec 1st. This is quite weekend apart, as we begin our journey towards the mystery that is Christmas. More details by calling 091-844549 or www.redemptoristsesker.ie

A **25 Card Drive**, takes place in **Tynagh Community Clubhouse** on Friday December 6 @ 8.30 pm. Proceeds go to provide speech and therapy for Parkinson's patients in Co. Galway.

Adm. 10 Euros.

My Story- A CD of songs from **John Joe Deely** will be launched at **Gallaghers in Ballyfa** on Thursday November 28 @ 9pm by **Michal Cummins of Mid West Radio**. Support appreciated.

Chiropody clinic will be attending Hayes pharmacy, Portumna on 23rd, 25th, 26th Nov. 9th, 10th, 16th & 20th Dec for general and diabetic footcare. Contact Emma on 0861901247 for an appointment.

Christmas Crafts & Home Baking sale and Raffle at Loughrea Family Resource Centre on Saturday November 30th from 10.30am -5.30pm.

Proceeds being donated to Loughrea Family Resource Centre Counseling Service, Tea & Coffee Served. All Welcome

Pieta House Misneach Candlelight Service - is a time to remember our loved ones not only those who have died by suicide.

Its is an occasion to create a space and time for people to honour and celebrate lives present and lives passed and to move into December and the Christmas Season with hope and celebration. The service is non- religious with lots of meaningful music, readings and poetry.

Pieta House MISNEACH - Nourishing Hope Candlelight Service

Sunday 24th November 2019

Time 3.30 p.m.

Augustinian Church. Middle Street Galway.

free men's health Information evening on Wednesday 20th November @ 6.30apm in the The Maldron Hotel, Sandy Road, Galway. We will have stands from CROI, Irish Cancer Society, Citizens Information and speakers from Pieta House and a cardiologist and urologist from UHG. It is free to attend but we would like people to register by phoning 091 893318 or 091 893489 or email rachael.dalton@hse.ie.

FUN DANCE CLASSES continue Thursday November 21st in Gallagher's Ballyfa. Class from 8 to 9 with Liam & Joan followed by dancing to Blue Midnight to 11. Learn to Jive, waltz, line dance & much more! Contact Joan 086 8278913. Admission €10, all levels welcome.

SCCUL Sanctuary Therapeutic Open Day for individuals experiencing life challenges takes place Thurs Nov 28th 10am-3pm in Kilcornan Estate, Clarinbridge. Attendees welcome to bring a friend. Cost €25pp inc hot lunch. Places limited. Further info/booking: 087 3466220.

You are invited to attend the AGM of East Galway & Midlands Cancer Support Centre. We are holding our annual meeting on Monday 25th November 2019 at 7.30pm in Le Chéile, Brackernagh, Ballinasloe, Co. Galway. H53 P8HO.

Seeking the face of God: Galilee Spirituality Centre

You are invited to the second evening in our November series which explores how we can discover God in personal faith, scripture, creation and community. All welcome. 7.30-9.00pm closing with tea. €5. Booking and enquiries info@galilee.ie 071-966-4101.

Night 2: November 12th **Rev Molly Deatherage: God of the Word.**
Rev Molly will share with us the God she discovers in the scriptures.

Rev Molly Deatherage is the Presbyterian Minister of Ballina, Ballymote and Killala Presbyterian Churches.

Five First Saturday Devotions are being hosted in the Knock Apparition Shrine next Saturday 2nd November. Starts at 11.00am with Rosary, meditations, and concludes with Holy Mass at 12.00 noon, Confessions and Enrollment of the free brown scapulars. Everyone is welcome to attend to benefit from Our Lady's heavenly promises"

Ballinakill Community Centre Events:

NEW Pilates 6 Week Course Tuesday 5 Nov. 8pm: Cost €40. Both men/women welcome. Bring your own mat/bottle of water. **Jiving with Gerry THIS Friday 25 October 8pm. Progressive 25 Card Game: Thursdays 8.30pm. All are welcome. Tel: Maura 087 7942467, Mary 086 3203765 or Niall 087 3593796.**

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Success@frenchsuccessgalway

PLEASE CONTACT ANN: 087 6712487

In November We Remember Sunday 3rd Nov. A Poignant, Reflective Candle Ceremony & Community Remembrance Walk for all our dearly departed at 2:30 Gullanes Hotel, Ballinasloe.

Registration: Adults €5 (proceeds to charity) Family event, all welcome. Refreshments after walk Details (087) 7746203

Seeking the face of God: Galilee Spirituality Centre

Our relationship with God is a journey of discovery. You are invited to four very special Tuesday evenings in November to explore how we can discover God in personal faith, scripture, creation and community. All welcome. 7.30-9.00pm closing with tea. €5. Booking and enquiries info@galilee.ie 071-966-4101.

Night 1: November 5th Bishop Kevin Doran: The God of My Life

Bishop Kevin will speak from a personal perspective on faith and the God he has met through his own life.

Door Security & Manual Handling Course at Portumna Further Education Centre GRETB (Old VEC), St. Brigid's Rd

Information Day on Wednesday 30th October at 10.30

a.m. Free for DSP. apply on line:

www.fetchcourses.ie

National Learning Network, Tus Nua is a FREE recovery-oriented programme that helps people to

develop a sense of self-esteem and confidence while introducing structure,

new skills, and opportunities to their lives. Training takes place in a

STRESS-FREE environment that closely adheres to the educational needs

of the participant. Training that can lead to a QQI level 4 Qualification.

For more information ring 091-781265

Email : dave.scully@nln.ie

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- **QQI Level 5 General Studies**

For further details contact: Patricia or Lynne @

090-9759092

portumnacomputertraining@gmail.com

<https://www.facebook.com/portumnalti>

<https://portumnalti.wordpress>

A Day of Spiritual Healing, open to everyone, occurs on November 9th, in Fields of Grace Retreat House in Loughrea. Contact Marguerite Brady on 0860356970 to book your place on is very special Spiritual Healing Day.

Portumna Further Education, St. Brigid's Road (Old VEC) Healthcare: Care Skills every Friday from 9:00 am to 12:00 pm Care of the Older Person every Friday from 12:00 pm to 3:00pm Horticulture: Monday and Thursdays 9:00 am to 1:00 pm Singing, Voice coaching Wednesday 4:00 pm Contact Michael 087 6258696/ 090 9741946 michael.cunniffe@gretb.ie

Family Carers Ireland is actively recruiting to build on its existing team of Home Care Workers in this area. Excellent remuneration rates and flexible working hours available. QQI Healthcare Award including Care Skills and Care of the Older Person desirable. For further information please telephone (091) 885030 or email galway@familycarers.ie

Macra na Feirme 75th Anniversary Celebration in the Clayton Hotel, Galway on Saturday 5th October. All past and present Clubs will be hosting their own table on the night. For further information, and details of your local contact, phone Ollie at 087 2437009 or Frank at 085 1266133 **The Big Gig, Cairde Seán Henry' music concert** will be taking place in the Clayton Hotel Galway on Sunday 6th October **in aid of Cancer Care West and Croi**. Tickets are €25 each and can be purchased from Cancer Care West on 091 545000 or through their website www.cancercarewest.ie The night will feature some of Ireland's top traditional musicians, including Frankie Gavin, Joanie Madden and Cherish the Ladies, Seán Keane and many more. Please support.

Art Classes Drawing for children (9 years up) on Wednesdays 6 - 7pm, starting on September 25th for 8 weeks. Arts & Crafts for children (5 years up): Saturdays 3 - 4pm and 5 - 6pm, starting on Oct 5th in Bramble Art Studio, Lorrha, for 8 weeks. Please contact Ute: 087-9151356. Early booking advisable as places are limited.

2019 Shorelines Arts Festival – enjoy Sunday's highlights! Recitation competition in An Caisleain from midday; Folk on a Boat on the Ku-Ee-Tu at 3pm Portumna Marina; Ensemble Revelare in a 6pm concert at Christ Church and to finish off, Fishamble's Pat Kinevane as he returns to the Town Hall Portumna with Before. www.shorelinesartsfestival.com

*Sun. Sept. 22nd SR 7.15am Set. 7.30pm Last Quarter on Sun . Sept. 22nd at 3.40am
Sun. Sept. 29th SR 7.28 am Set. 7.12pm New Moon on Sat. . Sept.28th at 7.26pm*

Study Hub Loughrea Leaving Cert **French Course** on **Verbs** and **Tenses** suitable for **both Higher & Ordinary** students **26th October** 2pm-5pm. Full course content on <http://www.studyhubloughrea.ie> or call Breda 086 3792360

. Everybody welcome to honour & thank
Grandparents alive & dead for all they have
done for us down through the ages. Chief
Celebrant Bishop Kevin Doran, Bishop of
Elphin - Combined Choirs of Knock Parish -
Dana sings 'Our Lady of Knock'

Beginning Experience weekend 18-20 October for people who
have lost a spouse through death divorce or separation Esker
Retreat Centre Athenry further information Maureen
0876646896 or Josie 0879881143!!

Family Law Clinic

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